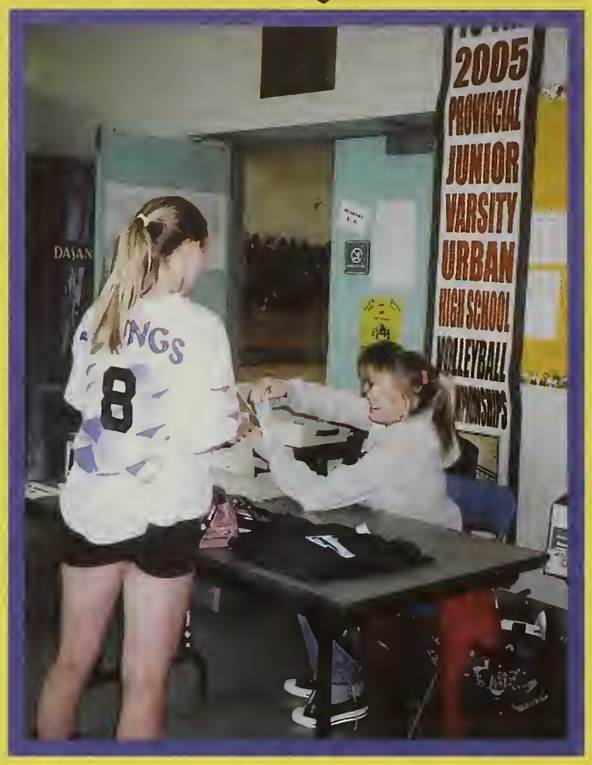
Shalini Sharma

# Community Service

BH hosted this year's Provincial Junior Varsity Urban High School Volleyball Championships. BH Students & staff volunteered many hours to contribute to a well-run weekend!



Middle school dancers put on a great show at the Critical Challenge fair

# Arts

# Residence

The 2005-2006 prefects give BH a challenge to Jump a Little Higher

# THE CHALLENGE FOR THE YEAR:

# Sports

Volleyball players put their skills to the test

# Public Relations

A whole school effort encouraged our community to think about the value of world peace with the Pinwheels for Peace campaign

# Yearbook

# Student Affairs

Senior School students Debate against their English teachers

Digitized by the Internet Archive
in 2015

https://archive.org/details/optimaanni2006balm

# Table of Contents

Staff:
Work A Little Harder...6-11

Student Body:
Live A Little Bigger...12-39

Residence:
Explore A Little Wider...40-47

Junior School:
Inquire A Little Deeper...48-65

Middle/ Senior School:
Achieve A Little Longer...66-99

Arts:
Create A Little Wilder...100-107

Sports:
Compete A Little Faster...108-125

Alumnae/ Community Services/
Student Affairs:
Speak A Little Louder...126-135

Graduates:
Go A Little Farther...136-160

"Life is only as good as the memories we make"
The Ataris

## Keep in Touch!

*Balmoral Hall School 630 Westminster Avenue Winnipeg, MB R3C 3S1*
*phone: (204) 784-1600 fax: (204) 774-5534*
*www.balmoralhall.com*

# MESSAGES

## *Claire Sumerlus*

*Head of School*

Balmoral Hall School will always have a special place in its heart for our graduates. As they prepare for their next steps in life we hope they will have a lifelong quest for new knowledge and many enriching experiences. Our graduates are prepared and ready to be leaders on the global stage.

As Tom Bodett once said "I hope your dreams take you..... to the corner of your smiles, to the highest of your hopes, to the windows of your opportunities and to the most special places your heart has ever known."

Always remember to:

Believe – in yourself and all you can do.

Achieve – by never settling and always striving for more

Succeed – now, and always

## *Judith Steek*

*Principal of Junior School*

On behalf of Junior School I would like to congratulate the yearbook committee for capturing the essence of the 2005–2006 year at Balmoral Hall School. You have shown, in a creative and engaging way, that student life at BH is significant, challenging, rigorous, and relevant...we work and play hard!

To the graduates, I hope that your memories of BH are filled with happiness, joy and pride. Do remember, in the words of Ralph Waldo Emerson, "What lies behind us and what lies before us are tiny matters compared to what lies within us". Take what you have learned at BH as a microcosm of life and apply it today and tomorrow, and to whatever life presents you.

To all students, Junior, Middle and Senior School students, not only is it important to believe in yourself, work hard to achieve, and be proud of your successes, but to always follow your heart. To quote T. Croyn who wrote in 1902:

Life is mainly froth and bubble
Two things stand like stone
Kindness in another s trouble
Courage in ones own.

## *Jackie Copp*

*Principal of Middle Scho*
*Head of Academic Studie*

There is perhaps no better way to capture the true spiri of BH than by looking through the pages of our yearbook. The vitality, variety, the challenges and achievements, these experiences are reflected in every picture and in every smile. Everyone has unique memories that are captured on these pages and can fondly reflect on these remembrances. Take a minute for a reflective thought about the challenges and opportunities you have had this year and consider as Gandhi said, "Be the change you want to see in the world."

## *Joanne Kamins*

*Principal of Senior School*

It seems incredible that the school year has passed and the time has come to say farewell to the graduating class of 2006. You have played a major role in the success of this year. I believe we all "*Jumped a Little higher*" because of you. One has only to look at the achievements in academics, athletics and the arts captured on the following pages to know this is true. Best wishes for the future and may you continue to be a successful learner throughout your lifetime.

# MESSAGES

## *Chrys Pappas*

*Chair,*
*Board of Governors*

*2005-2006 Board of Governors*

the graduates of the Class of 2006;
behalf of the Board of Governors, it
ny pleasure to congratulate you, our
4th year of graduates, on this
estone in your education at Balmoral
ll School. I am confident that your
eriences at BH have prepared you for
uture brimming with opportunities
yet unimagined. Our goal is to ensure
t the education the girls and young women of this great school receive has them
ll prepared to go out and make a difference in their lives and in the lives of those
y touch. Our alumnae around the world are wonderful examples of the mission that
des learning at BH. Like the women who have gone before you, I hope you travel a
h that sees you continuing to question, to explore, to challenge and to achieve.
liora Petens

## *Deborah Morrison*

*President,*
*Alumnae Association*

the Class of 2006,
ngratulations! You are well on your way to your next great adventure in life.
hough you may no longer spend every day in our hallways, remember that the school's
rs will always be open to you. BH is now part of your history, but that doesn't mean you
uld leave this part of your past behind you. Rather, we hope you will carry it forward
udly and keep in touch with us as you plan your future.
herever you are in the years to come, know that you can always count on a fantastic
work of talented, exceptional women to be there to support you. As the newest alumnae,
u are now part of that growing network – one that includes friendships that truly will
t a lifetime.
behalf of the hundreds of alumnae who have walked in your footsteps, I wish you every
cess in the years ahead. Stay happy, stay healthy and stay involved. And as always, stay in
ch!

## *Wanda Zajac*

*President,*
*Parent Association*

Congratulations to the graduates of 2006!

As I complete my term as President of the BHPA, I look back at the fine young women that you have become and the shining example that you have set for your peers.

You are well-prepared, self-confident young women with the whole world ahead of you. The partnership that Balmoral Hall School has with its parents is a special bond that has enhanced the learning environment for you and all BH students.

I thank all of you for your assistance over the years with the various activities in which the BHPA is involved. You are exemplary role models for all future BH graduates and I hope you will continue to volunteer your time and energy to what is important to you.

Wanda Zajac
President BHPA 2005/2006

## *Catherine Simons*
## *Head Girl*

I am incredibly honoured to have been given the privilege of being Head Girl. I did not accomplish some of the things I set out to do. However, I can honestly say I live with no regrets. The words of encouragement as we passed in the hall made my efforts worthwhile. The MS Exec. Council never ceased to amaze me. "hard workers" doesn't do them justice. Mrs. Christie, you truly embody what we strive to achieve daily. Thanks for keeping us on track and allowing us to find our own way. You're exceptional. Executive Council truly knows the meaning of selflessness: the first to show up and the last to leave. "It is only in the giving of oneself to others that we truly live" said Ethel Percy Andrus. The truth of this was driven home for us through the year. Thanks to Sarry and Jen who did incredible work. Lady Montague said, "But the fruit that can fall without shaking indeed is too mellow for me." Mrs. Green, we definitely haven't always agreed; we learned to work out our differences. Our successes were the fruits that fell after incessant and sometimes exasperating shaking. Thanks for your patience and dedication. As always, it's hard to believe how quickly time flies. We introduced some new and slightly odd things and carried on many traditions. Interhouse took on a life thanks to Jen and her crew. Thanks to all you, enthusiastic participants. Best wishes to next year's prefects. I have faith in you all. "If you limit your actions in life to things that nobody can possibly find fault with, you will not do much." –Charles Lutwidge Dodgson
It was an honour. Always be true to yourself! Love, Catherine

## *Madison Stewart*
## *School Captain*
## *and*
## *Jacklyn Prendiville*
## *Middle School*
## *Head Girl*

## *Sarry Klein*
## *School Captain*

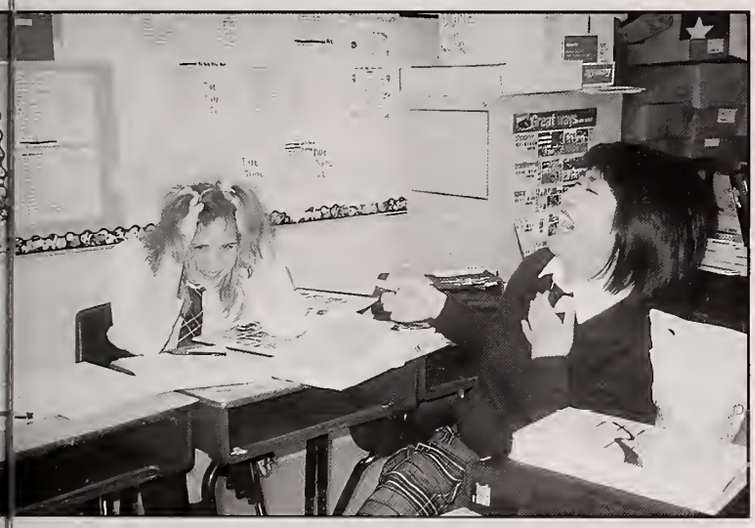
I knew that this yea would have to come to a end at some point, but never realized it coul happen so quickly. This yea has flown by, and it is be cause of all of you! The ex citement that we hav had over the past month with the "most unbelieva able dance in the histor of BH", 'Bathroom Day' surprises, a House Ice Cream Eatin Competition, and everything else, could not have been such success without the spirited and energetic student body th symbolizes Balmoral Hall. I have been so lucky to work wi such an amazing group of girls, and could not have even han picked a greater executive council. Thank you to everyone wh has made this year unforgettable, including our staff, an unreal Student Council. I could not have done it without yo Congratulations to the newly elected Prefects for the 2006 2007 school year. My advice for you is to take advantage each day, as you are all filled with potential to do amazin things, (there is no doubt that you will), and the more cre ative you are, the most beneficial it will be. You must neve give up, and always stretch your limits by trying new thing Jump a Little Higher! Love always, Sarry Nell

Although this year has gone by so quickly, it was a year that we will never forget! We hope it has been as thrilling for you as it was for us. Some of our favourite memories were organizing and participating in BH idol, air bands, our musical, Encore, and best of all, our very own MS dance, Colour the Moment! We like to call the student council our one big loving family. Mrs. Christie is our adoring mother who we love dearly. She always made sure we knew what to do, and kept us on track when we needed it the most. Our big sisters are the SS prefects. They gave us advice and guided us through events during the year. All of the other MS prefects have bee amazing and so helpful as well. We want to thank Mrs. Christie, Mrs. Green, Executive Council, Student Council, the students and teachers. We want to thank our parents for their continuous support. All this help has made our year an exciting adventure and amazing opportunity. We want to wish the upcoming prefects good luck. Always keep an open mind. If you work hard on something, the outcome is extremely rewarding! This year, everyone has "jumped a little higher" and has made it unforgettable! TQM (te quiero mucho

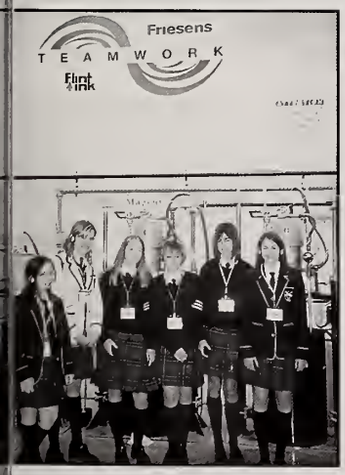
# Yearbook Committee

*Katie Murray*
*Yearbook Prefect*

Wow, it's been one fast year. I had no idea what I was getting into when I became yearbook prefect. It's been a lot of work but a ton of fun. My fellow yearbook prefect for middle school and the entire, very dedicated yearbook crew have been amazing to work with. I hope everyone enjoys this book, we all worked so hard to make it the best one ever! Thanks to Señora for putting up with my quirky personality for a whole year, and to the members who joined up knowing full well how much work this was, and that their yearbook prefect was somewhat...eccentric. Thank you all, I'll miss you guys next year. Don't worry KK; I'll be back to check up on how you're doing with the yearbook next year.



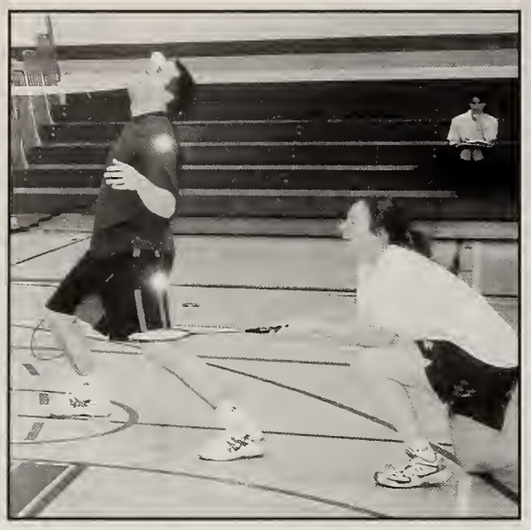
ie and K.K. had fun with captioning pictures

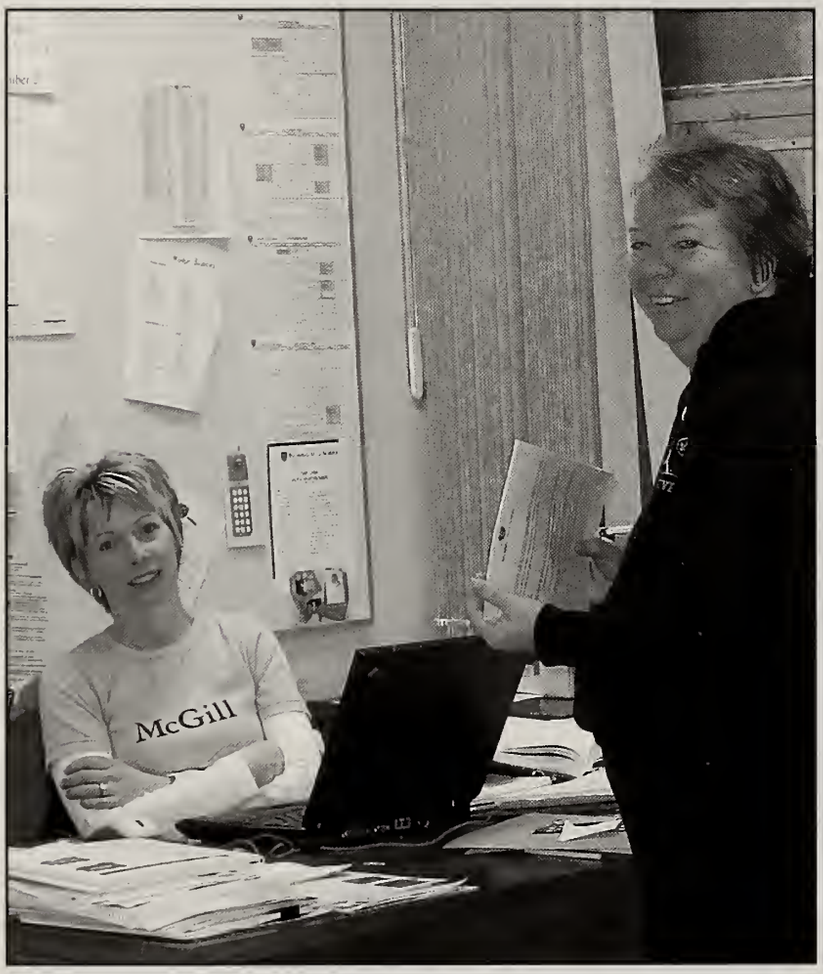


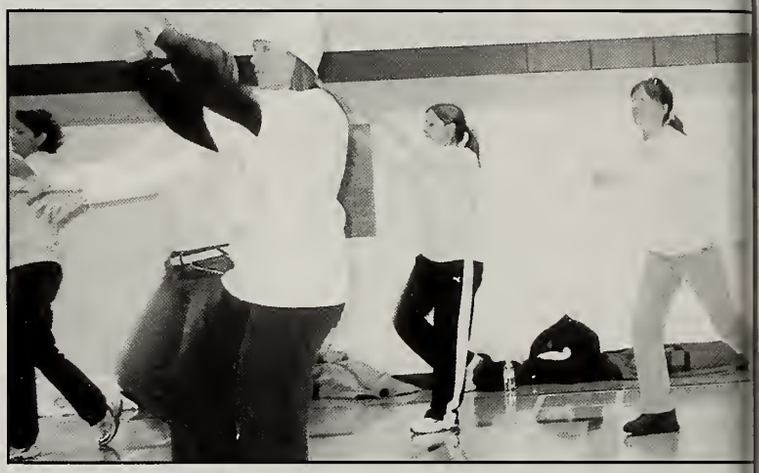

nbers toured the Friesens
t to see the process of
lishing a yearbook

*Hannah Johnson*
*Middle School Prefect*

Principal Editor– Airyn Lancaster
Middle School Committee Members: Stephanie Webster, Suji Kang
Senior School Committee Members: Kathryn Marcynuk, Stephanie han, Ai Shibata, Katie Moore, K.K. ho, Krupa Kotecha, Nadine Lowes, Julie Clark, Christie Branton
Advisors: Jennifer McDonald, Dave Zimmerman



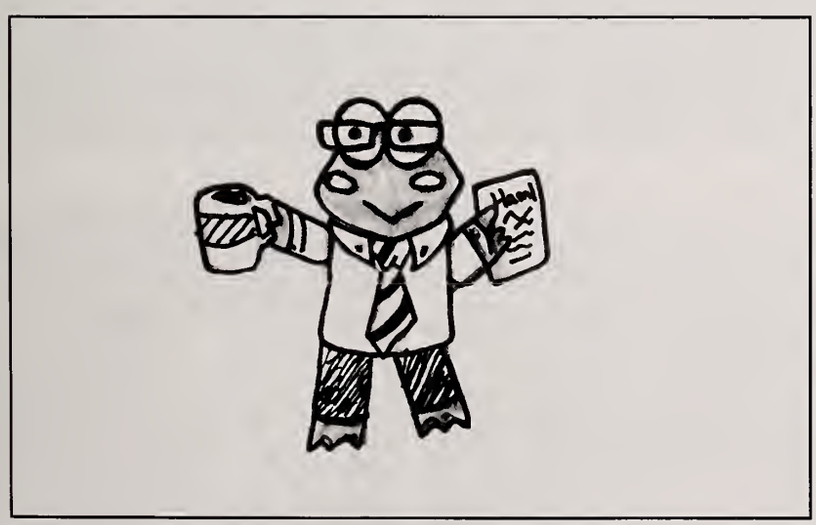

McGill



WORK

A LITTLE

HARDER



# STAFF

Ryan Alexander

Al-Saaidi, Haider

Alto, Tina

Batista, Kerry Ann

Baxter-Naughten, Heathe

Bergen, Dawn

Borodkin, Kera

Bowles, Marilyn

Budoloski, George

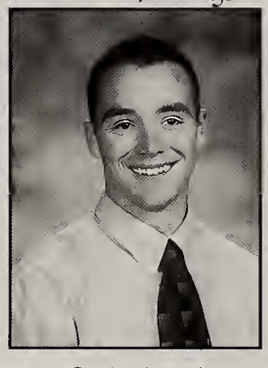
Burston, Tracy

Chochinov, Sharla

Christie, Joan

Christie, Judy

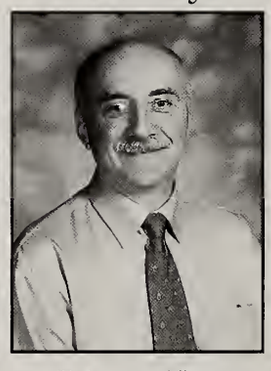
Clarke, Marilyn


Cook, Jared

Copp, Jackie

DeBlonde, Garry

Delaquis, Geneviève


Delavau, Allan

Doerksen, Cathy

Dow, Robin

# STAFF

Faris, Carol

Flackman, Bev

Fox, Dave

Friesen, Teresa

Fulton, Terry

Gariepy, Denise

Gaudry, Gary

Goldberg, Beth

Gray, Carla

Green, Amanda

Greenhill, Audrey

Hewitt, Gwen

Hildebrand, Cori

Hunter, Sheila

Jacob, Leslie

James, Carlos

Jiang, Bin Dong

Johnson, Wayne

Johnstone, Lianne

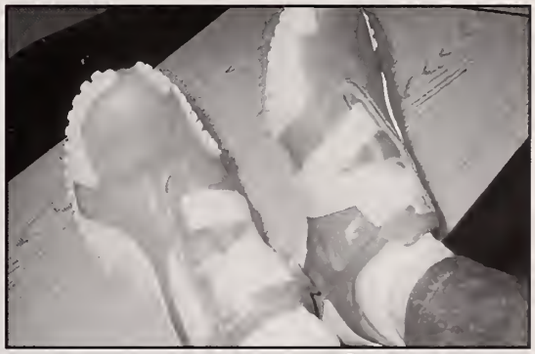
Jordan, Vicky

Kamins, Joanne

Kerr, Christine

Kerr, John

Kitchen Staff:
Jean Riggs
Marita Henault
Liz Chavez
Melanie Roy
Maggi Smith
missing:
Lisa Bennatine
Jennifer Stewart


*Who's this fashion diva? Ms. Fulton!*

# STAFF

Kirk, Jennifer

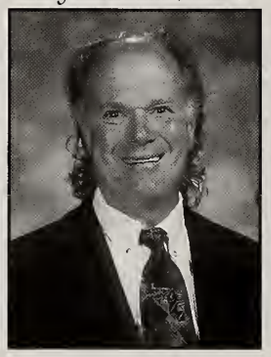
Konyk-Pastuck, Roma

Kowal, Erin

Kowalec, Christina

Lechman, Virginia

Leigh, Nancy


Leipsic, Stevan

Mackenzie, Jane

Marriott, Jessica

McComb, Chloe

McDonald, Jennifer

McFarlane, Laurel

McGhie, Pamela

McGill-Horn, Lois

Moeller, Anita

Ndlovu, Richard

Osborne, Kirstan

Piper, Susan

Reid, Mary Jane

Robin, Emma

Sammons, Susan

Sheps, Joanie

# STAFF

Shyka, Connie

Smith, Tracy

Spring, Sandra

Steek, Judith

Stoller, Miriam

Suderman, Don

Sumerlus, Claire

Sveinson, Darlene

Tarapaski, Elaine

Thomson, Arda

Thordarson, Signy

Toews, Elizabeth

Trickett, Jill

Visser, Robbert

Warriner, Emily

Warriner, Jock

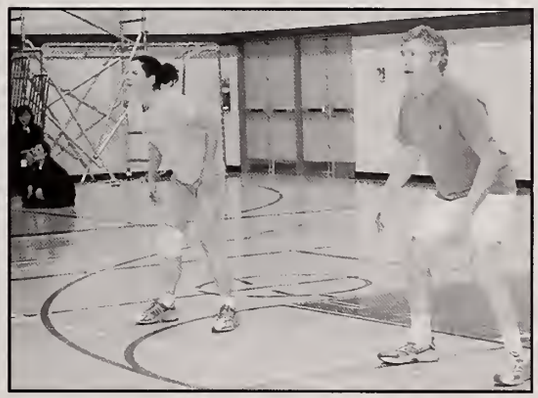
Wilkes, Ketri

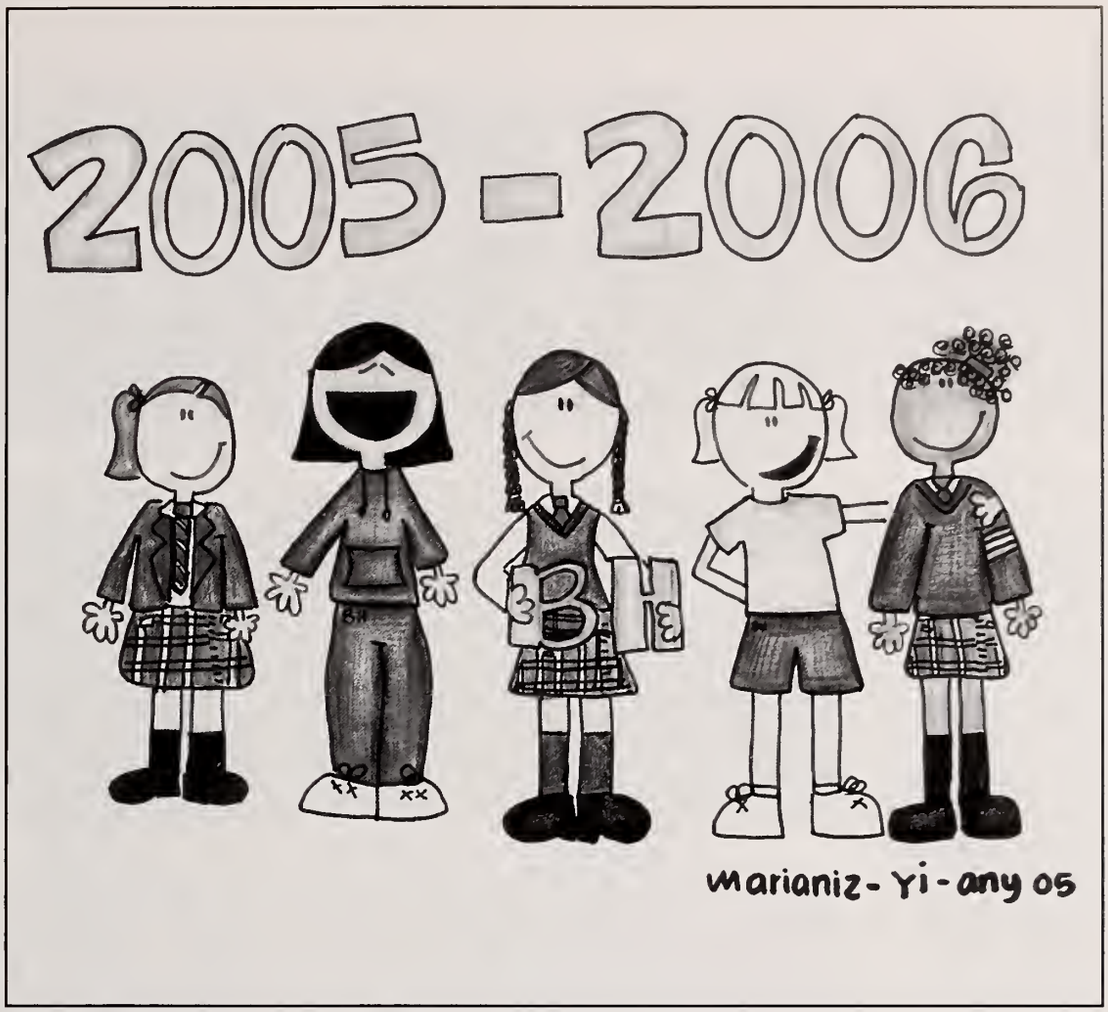
Workman, Nicole

Zimmer, Harriet

Zimmerman, Dave

Zimmerman, Laura






L
I
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A LITTLE

B
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R

# NURSERY BOWLES

Caitlyn Baete

Madelaine Baigrie

Mia Battad

Brooke Burron

Jordan Burron

Teo Capitano

Adrian Chin

Christopher Dowhan

Charlotte Falck

Meghan Fustey

Megan Harley

Honor Hinchey

Natasha Hofer

Jack Lindner

Una Mayberry

lene McMahon

Ryker Musaphir

Aleksandra Planinich

Wynn Precourt

Chloe Reiss

Avery Shtykalo

Grace Speirs

Evan Toth

# JK OSBORNE

AbdelRahman Ali

Lauren Bartlett

Reagan Bradshaw

Alexander Dubyts

Avery Fletcher

Camryn Gauthier

Dorian Gillis

Tristan Hildebrand

Kate Hokanson

Kate Knight

Katherine Latosinsky

Kathryn Lyon

Joshua McLay

Mikayla McLeod

Emma Machado

Emily Martens

Justin Pham

Evelyn Sankar

Jessica Sui

Gabriella Taylor

Chelsea Venevongsa

# JK BURSTON

Audrey Croft

Christopher Gage

Elizabeth Graham

Nicolas Havixbeck

Jesse Medrano-Ramos

abriella Nowicki

Jacob Schroeder

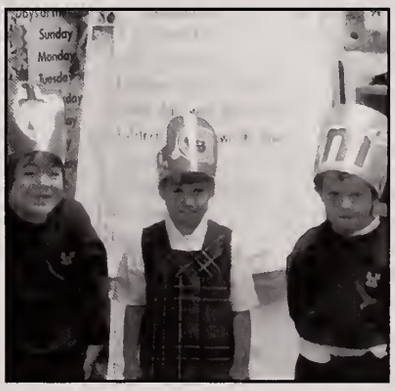
Bethany Shtykalo

Victoria Stefanson

Jack Wannan

Jaeda Yurkiw

Kaylyn Zacharkiw



# K HILDEBRAND

Alexandra Beck

Payton Bell

Rachael Buchwald

Serena Buchwald

Pema Davis

Samantha Frost

MacGregor Goodman

Mariah Hanslip

Sarah Kowall

Alarey Loyns

Claire Meier

Anika Moran

Jennie Pham

# K PIPER

t·elyn Bat·t·ad

Kirst·en Benidickson

Rachel Bernhardt

Tessa Ferch

India Holeman

ıdison Lacombe

Gabrielle Lam

Lia Loewen

Sophie MacDonald

Reese Precourt

Marie Silhova

Kristin Smith

Lindsay Speirs

# GR 1 FARIS

Olivia Asper

Hannah Baran

Alexandra Blake

Jillian Burron

Anais Casselman-Gree

Gillian Chiu

Naia Dias-Gwyn

Victoria Dowhan

Morgan Dubyts

Amy Johnston

Moira Kennedy

Samantha Machado

Taylor Maidment

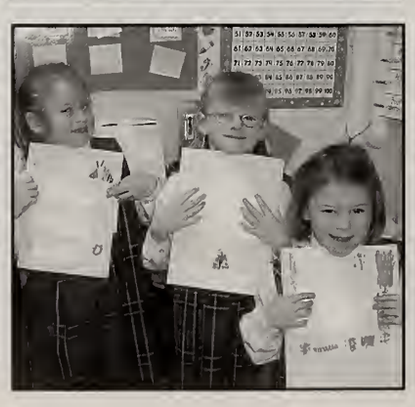
Olivia Meier

Danielle Moreau

Maya Schwartz

Emily Thompson

Philyn Venevongsa



# GR 2 STOLLER

Sara Ali

Chloe Balog

Audrey Bicknell

Alexandra Chubaty Boychuk

Dakota Cull

niella Daumler

Anoushka Divekar

Alexandra Enns

Millie Gardner

Kim Hurst

uca Janzen

Sameen Kaviani

Rosemary Koltun

Paris Musaphir

Shelby Sytnyk

becca Thomson

Zoey Traverse

# GR 3 BORODKIN

Sarah Asper

Leah Bernhardt

Sarah Gage

Jane Guberman

Isabella McLay

Jessie McTaggart

Alexis Ogaranko

Celine Richardson

Aurora Robert

Bailey Robinson

Katie Roller

Dasa (Dasha) Sillova

Marley Smith

# GR3 KONYK PASTUK

randa Baran

Annick Beauchesne

Lea Chowdhury

Victoria Davidson

Nicola DePape

aura Ferch

Emma Holeman

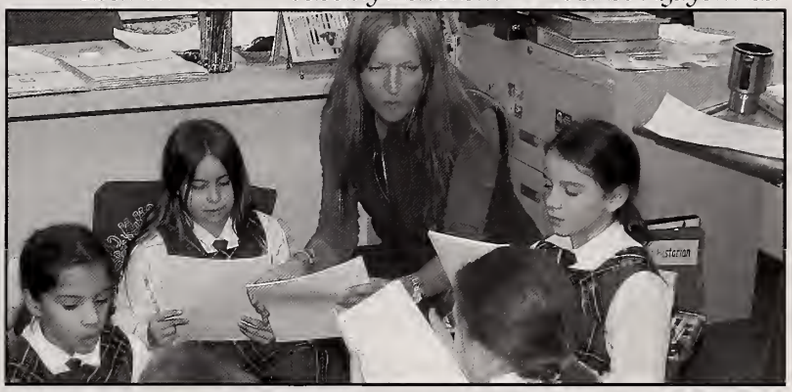
Lisa Kim

Cassidy Maidment

Clarice Nguyen Hua

st en Rogers

Alexandra Trann



# GR 4 CHOCHINOV

Alisa Borger

Sarah Brown

Eva Downey

Jocelyn Feltham

Alanna Flom

Josie Gardner

Alida Hughes

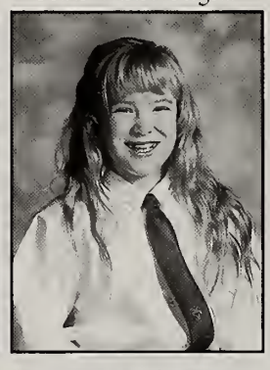
Jane MacDougall

Kaitlyn McIntosh

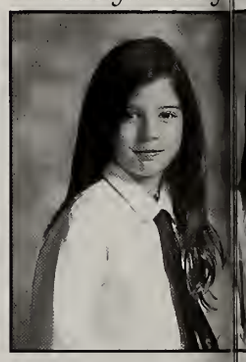
Madelyn McLay

Talia Smith

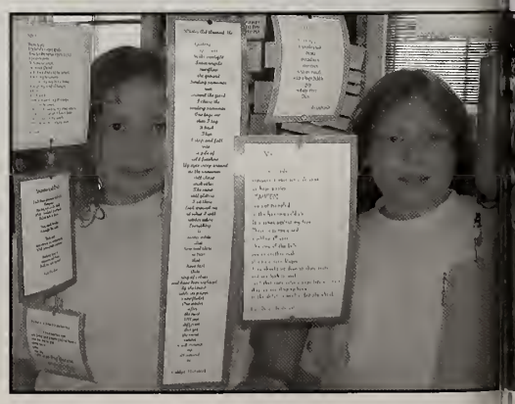
Hayley Stacey


Hannah Taylor

Danielle Thier


Brianna Turner

Julia White



# GR4 ZIMMERMAN

Heleine Arbuckle

Meredith Chiu

Haley Cummings

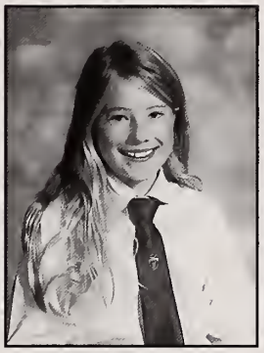
Zoe Haber

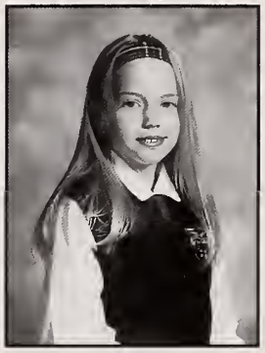
Claire Hughes

ady Jessiman

Deby McIntosh

Celina Penny


Mollie Quinton


Nadia Schriemer

aitlyn Scott

Emily Steele

Rainah Uhl

Gabrielle Warren

Amanda Wong

# GR 5 MCCOMB

Natalie Bennett

Alia Cappellani

Nina Cianflone

Brooke Cochrane

Jaclyn Flom

Zoe Goldman

Aynsley Hodge

Erika Ilse

Bryn Koehn

Kathleen Kopp

Priya Kotecha

Kara Langley

Kate Lankester

Madeline Lischka

Kennedy Maidment

Montana Muir

Luxmy Navaretnam

Ashley Reid

Bryanna Sherbo

Ella Thomson

Allessandra Turner

Ali Wade

Marissa Woods

# GR 5 MCFARLANE

ett Awadalla

Vanessa Bermisa

Louné Blom

Alexia Cholakis

Desiree Chow

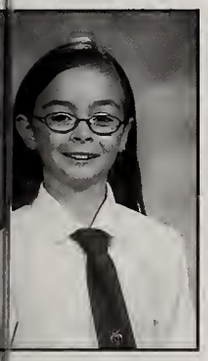
a Evans-Boudreau

Kady Evanyshyn

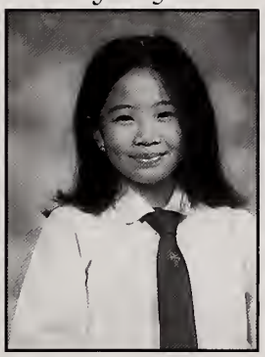
Emily Ferguson

Madison Harvey

Jillian Hedden


sten Hooper

Nika Korpesho


Vanessa Leung Shing

Sandhini Lockman

Katiana Mastin

antha Moreau

Brynn Murray

Michelle Prendiville

Morgan Rathwell

Francesca Smith

arah Sytnyk

Nicole Van Hove

Brontë Willitts

# GR 6 COOK

Vice President: Vice President:

Katrina Barkwell

Emily Kesselman

Bridget Bicknell

Kate Bouchard

Robyn Brar

Alex De Pape

Alexandra Jessiman

Sydney Jones

Su Ji Kang

Courtney Parada Leit

Paige Nuttall

Brittany Simmons

Simran Singh

Caroline Steele

# GR6 NAUGHTEN

President: Sports Rep: Sports Rep:

Gabriella Balog | Patricia Thomson | McKenzie Trann | Demara Davidson | Stephanie Ems

Shea Gaynor | Leanne King | Elizabeth Pappas | Brittany Reid | Kaitlin Robinson

Hannah Scott | Shannon Sifert | Sabrina Sorin | CC Wannan

# GR 7 CLARKE

President: Vice President: Sports Rep:

Hannah Darach-Cottick

Ximena Solloa

Lauren Lischka

Danica Avery

Carleigh Balciunas

Breanne Fredette

Rachel Goldman

Jennifer Horch

Cody Keith

Chloe Kjernisted

Marikka Lee

Juliana Loewen

Shaylyn Maharaj-Poliah

Adrianna Militano

Palmer Nowak

Almu Perez Dunand

Cella Rousseau

Adrianna Sly

Amanda Stegmai

# GR7 KOWAL

President: Vice President: Sports Rep:

a Arroyo Raab | Layla Freig | Camille Dixon | Rebecca Alexander | Isabelle Anderson-Gregoire

Megan Clarke | Natasha Cobb | Kathleen Eva | Colleen Furlan | Maria Garrido Hernandez

Haley Koehn | Allison Kowalchuk | Kelsey Lacombe | Madison Maidment | Celeste Main

Lauren Peake | Carmen Provinciano

Chloe Vickar | Elizabeth White

# GRS MOELLER

President: Vice President: Sports Rep:

Renata DeAlba Herrera

Erika Ullrich

Eileen Newman

Alyssa Ambrosie

Sydney Bicknell

Celina Brown

Ximena Del Cerro Lopez

Christine Harris

Hannah Johnson

Sean King

Rebecca Kremer

Yu Meng Liu

Jaunty Morden

Krystal Nguyen Hua

Erica Prefontaine De

Toria Rankin-Friesen

Anna Savard

Hannah Stinson

Stephanie Webst

# GRS WORKMAN

President: Vice President: Sports Rep:

na Guzmán | Mariana Chacón | Allison Love | Malak Abas | Siba Abas

aria Beltrán | Emily Campbell | Paige Danowski | Stefanie Goldberg | Charlie Gray

xandra Martin | Jacklyn Prendiville | Rebecca Sherbo | Madison Stewart | Shelby Szarko

ictoria Taylor | Miranda Thorne | Kelsey Watchman | Julie Yan

# S1 KERR

President: Vice President: Sports Rep:

Ksenia Ogolikhina

Sinthuja Navaretnam

Ariana Meyers

Layal Abas

Vanessa Comea

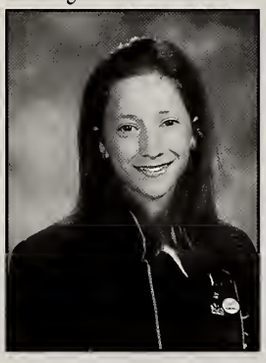
Kayla Fernandes

Leanne Glass

Jessica Goldberg

Talia Joundi

Eun Jin Kwak

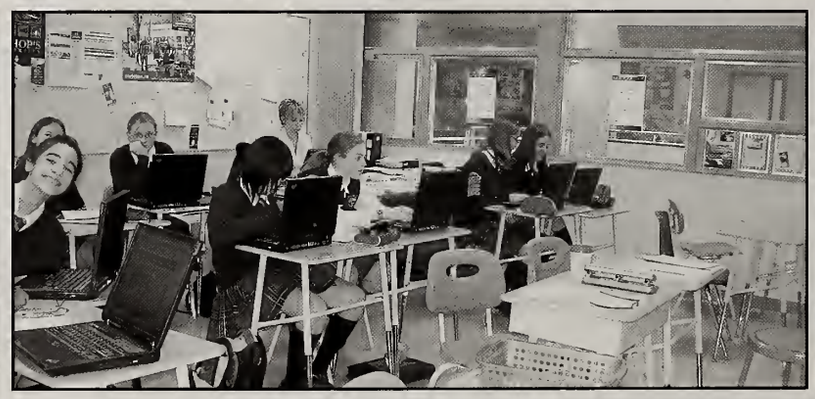

Carmen Morelos

Konstantina Nakoulas

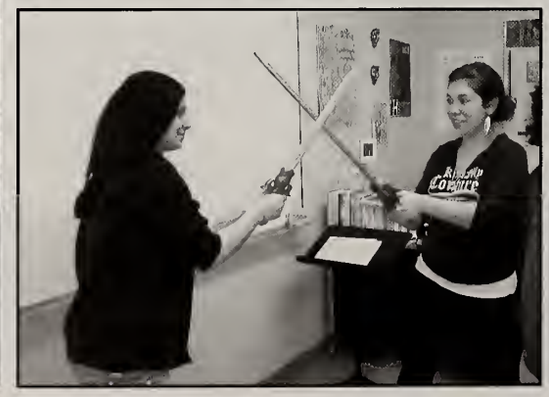
Ericka Rankin-Friesen

Erica Siddall

Lauren Smerchan



Sakie Yamazaki

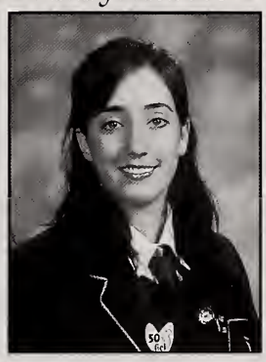


# S1 MCDONALD

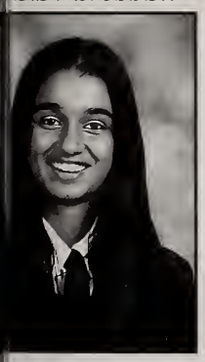
President: Vice President: Sports Rep:

emari Jacobs | Léa Anderson-Gregoire | Sena Lam | Valerie Beynon | Christie Brainton

elsea Chimilar | Julie Clark | Ashley Fredette | Talia Glodjo | Charissa MacLeod



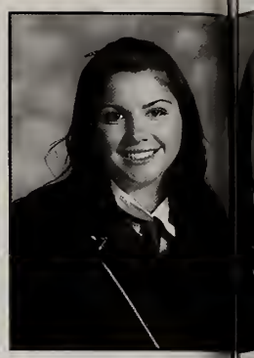
elle McFadden | Tiffany Mok | Guillermina Morelos | Angela Reimer | Sarah Scott



gandeep Sidhu

# S2 WARRINER

President: Vice President: Sports Rep:



Anna Simons | Olivia Zaporzan | Jenna Brown | Megan Alexander | Marfisia Bel

Grace Boyd | Caitlin Brock | Alex Campbell | Nora Christianson Fien | Nicole Graham

Jamie Holt | Kali Kazina | Ashlyn Kettner | Krupa Kotecha | Ka Yan Leung

Nadine Lowes | Erika Mitchell | Maria de Jesus Morelos | Danielle Rubin | Victoria Schaeffe

Natasha Zloty

# S2 WILKES

President: | Vice President: | Sports Rep: | Sports Rep:

a Abdulrehman | Shereen Samimi | Macy Morden | Robyn Zajac | Callie Blank

nanda Gomez Cano | Sola Han | Roxanne Ilagan | Diandra Kennedy | Hannah Korsunsky

ephanie Lawson | Shawna Olson | Torrie Robertson | Erica Scharfstein | Rachel Soloman

anleigh Thomson | Michaela Vickar | Courntey Weinstein

# S3 DEBLONDE

President: Vice President: Sports Rep:

Kathryn Marcynuk

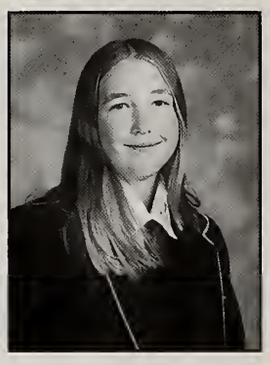
Claudia Muller-Moran

Cindy Lukianchuk

Emilie Anderson-Gregoire

Kaytlin Drews

Victoria K.K. Ho


Airyn Lancaster

Kate Langrell

Kathleen Moore

Jill Penman

Jina Song

Kelcey Vossen

Leah Werier

Sze Ki Wong

# S3 FRIESEN

President: Vice President: Sports Rep:

obin Jacuzzi

Alexis Dickson

Sarah Rybczuk

Stefania Campanelli

Sonja Fedikow

Katie Haber

Chi Gao

Chelsa Jordan

Jihyun Joung

Julie Klein

arah Knight

Cassandra MacLeod

Laura Murdoch

Ga Ram Park

Kathleen Skinner

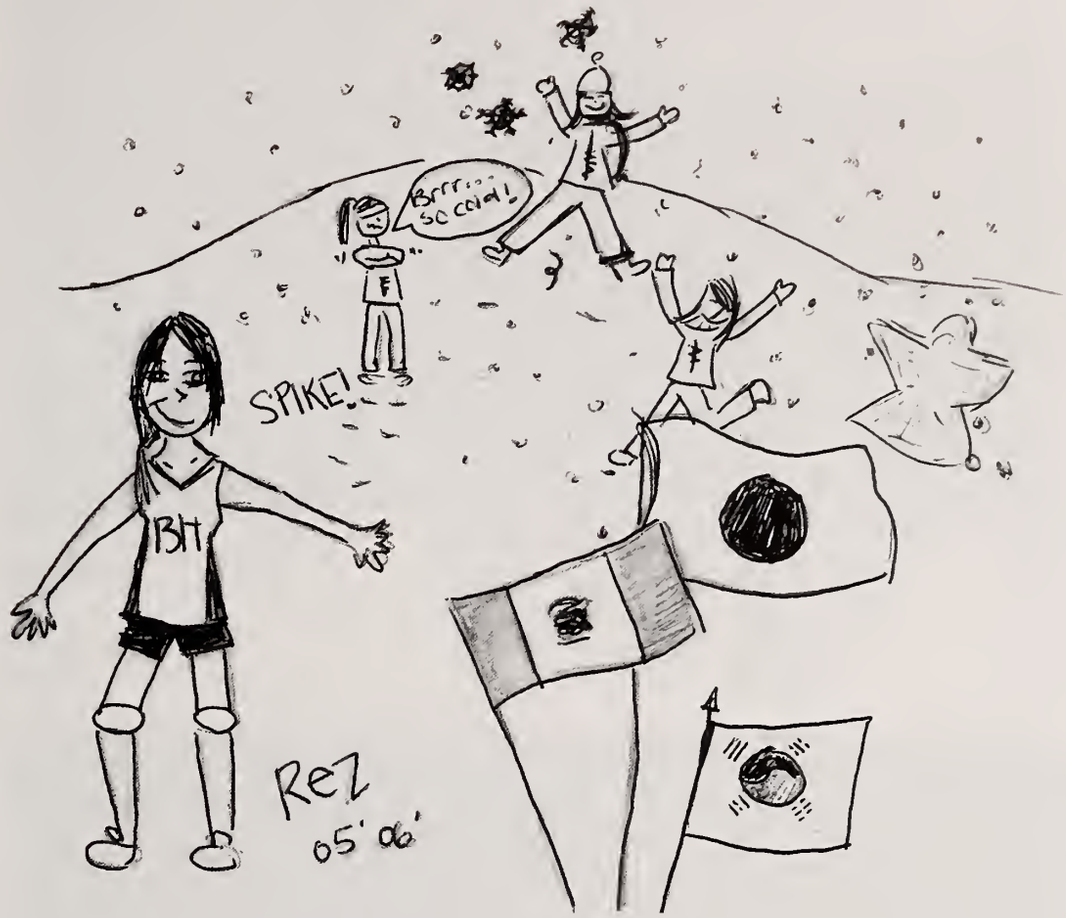
delaine Stefanik

Brittaney Siemens

태진미니어 애장품 100선

ZONE 12
MHSAA
PROVINCIAL
GIRLS
VOLLEYBALL
FINALISTS
03 04

# EXPLORE A LITTLE WIDER



# Residence Prefect

Being the residence prefect was a really challenging and also a hard job. To stand in front of people who are from different cultures and lead them was not easy. There was a lot more work than I imagined, and I pushed myself to be a perfect role model for the residence girls. I thought, "I'm the one who has to give them orders and lead them." however, I hit a wall and couldn't see how the rez girls will be united together only by my hands. The multicultural assembly was the event that made me realize something really important. Many of my friends helped me with preparing for the assembly, and everyone practiced so much for her country, and for the assembly. I realized that to accomplish something, we need everyone's help and work, and nothing can be built by one person. I want to thank all of the rez girls for supporting me and giving me a chance to learn.

*Ai Shibata*
*Residence Prefect*

*Ai Shibata performing in the Multicultural Assembly*
*Ai is wearing a traditional Japanese Kimono as she dances the dance of the Celebration for Girls*

*Tracy Smith*
*Director of Residence*

are 47 young women from all he world that called BH residence this year, many of whom are from home for the first time. I nber back to the start of school all the new students arrived. You see the excitement and fear on each ir faces, and the sadness on their ts' faces. They were about to rk on a new journey...some for a ..some until they graduate. irst month can be described as a big ver or slumber party. The girls are g to know one another and the ter can be heard late into the . As that first month comes to a you can sense a change. The reality months away from home starts in. It's a good thing for our her because there isn't much time e girls to miss home...there is a focus in their lives...coping with the The first snowfall provides some ction, especially for those girls iencing it for the first time. It still s me smile when a pile of girls are le in the snow. It doesn't matter time of day it is – if it's after l, they are in their uniforms...if it's dinner, they are in their ts...or if it's at night...they are in pajamas. Regardless of what they vearing, they are outside playing in now. The winter is long for some of rezzies". It's dark, it's cold and it s like forever before the end of the l year is in sight. Fortunately, this a particularly quick year. ust say that living in the residence is ique experience. We are never more a few steps from the school door, we have more sisters than any other ly. To those members of my residence ly that are not going to be here next good luck and keep in touch. To e coming back next year, have a t summer. I very much hope to from you all again.

*Jessica Marriot*
*GAP Student*

having the opportunity to spend the last 10 months here has been one of the most exciting and adventurous things that I have done in my life. As a residence supervisor, I got to know each girl individually and as a whole. I am proud to say that each of them has the potential to become a great success in this world. Although the school is meant to teach the young girls, I feel that I, too, have learned a great deal living with teenage girls from different cultural and ethnic backgrounds. I am glad that I have had the opportunity to serve this school and interact with everyone in such a positive manner. Thank you to everyone who has supported me and thank you to Balmoral Hall School for this great chance to better myself, through this journey of self discovery. I will miss this school and the people. I will also miss the times that we have had together. Good luck in your future prospects, girls.

# Global Awareness

Welcome to the Multicultural Assembly! This year we had girls from 9 different countries. We put a lot of hard work into the performances. We were entertained with the girls from Taiwan, Hong Kong and China who danced to a song about the 3 countries and was sung in Mandarin, Cantonese and English. We saw impressive Ukrainian dancing. The Korean students danced to a modern Korean song. Our Mexican students did a dance and showed us a Power Point Presentation. Catherine and Anna Simons sang the American National Anthem. We had 4 girls show the city girls a demonstration of life in rural Manitoba. The Japanese girls performed a dance that celebrates Girls Day. The finale was a full residence performance of "Not a Girl, Not Yet a Woman" with Ayaka Kosaka singing lead vocals. By: Kaytlin Drews

*The Mexican students' high energy performance*

*Alexis Kozak and Kathryn Marcyniuk's Ukranian dance*

*Sakie Yamazaki and Ayaka Kosaka in the Japanese dance*

*Miranda Therne, Kaytlin Drews Airyn Lancaster and Cindy Lukianchuk are rural Manitobans*

*The Koreans' dance showed us a glimpse of modern Korean culture*

*¡Viva México! Mexican dancers strik a pose*

Alexis Kozak and Kathryn Marcynuk play costumes from Central Ukraine

Chinese girls posed after sharing their traditional candy

Ai Shibata, Ayaka Kosaka and Sakie Yamazaki display their authentic Japanese dance

Catherine and Anna Simons shared with us the American national anthem

girls from South Korea display their national flag

Mexican students show off their dancing skills

The Japanese girls' fan dance joins the modern with the traditional

Jina, Julia, Ayaka, Min Hee and Ai at Grand Beach

Catherine, Anna and Kaytlin with Harlem Globe Trotter

Mexicans with face packs in rec

Jina is excited for dessert at a rec dinner with mentor moms

Our famous drink: "bubble tea"

Jessy, Julia, Kimi and Jina perform "The Great Gatsby"

Everyone gathered for the camera at Stony Mountain

Airyn and Cindy having dinner in the cafeteria

Simons sisters at Grand Beach

Ready for a tea dinner with mentor moms and teachers

ren, Kimi, Ai and Min Hee

Suji waiting for a tea dinner

Ayaka with a delicious dish from cooking class

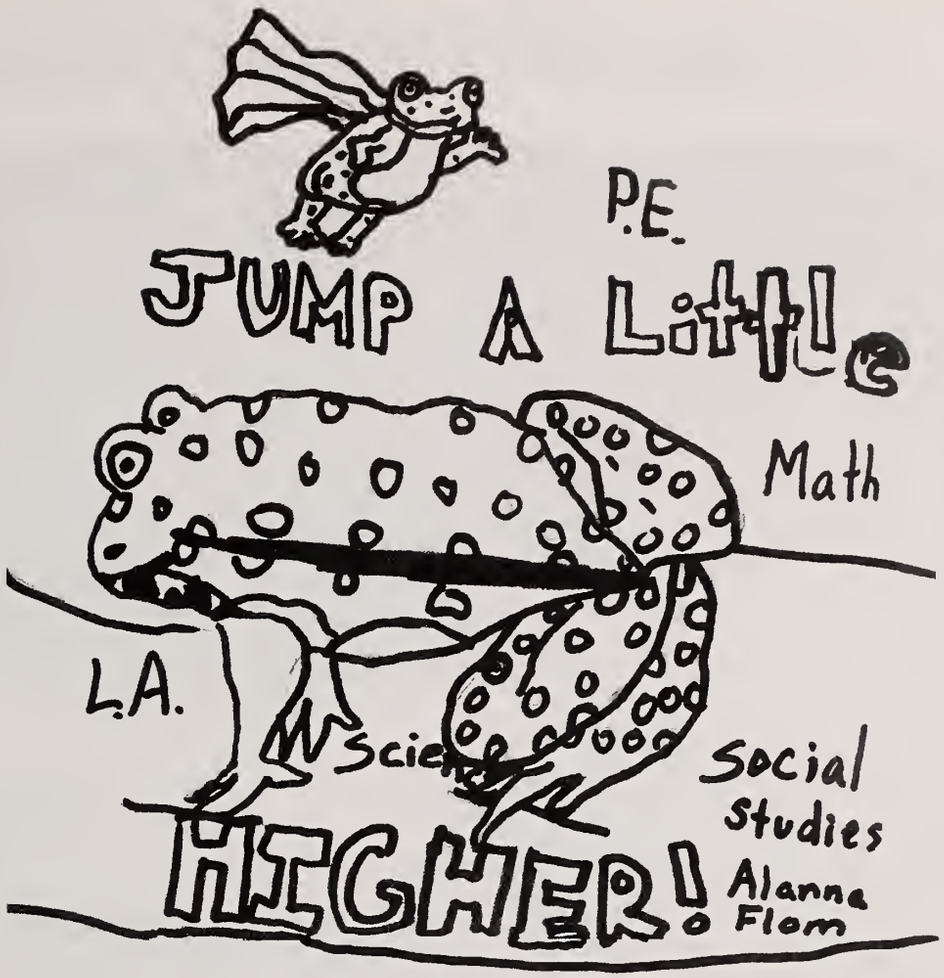
s. Marriot and Maria tummy face painting

Girls ready for Halloween

. Smith's group building a fire at Camp Ames

November and December birthday girls!

I N Q U I R E




A LITTLE

D E E P E R

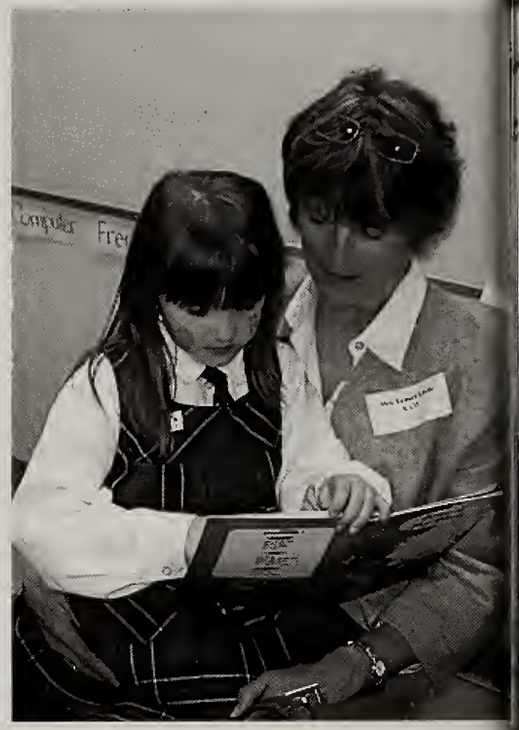
# Grandparent's Day

*Rachael and Serena Buchwald*

*Claire Meier*

*Alarey Lyons*

*MacGregor Goodman*



*Alexis Ogaranko*

*Celine Richardson*

# Family Lunches

Grade 2s
Rebecca Thomson,
Kim Hurst,
Iris Musaphin and
Luca Janzen

Kindergartener
Sophie MacDonald

Grade 1s
Jillian Barron, Hannah Baran, Gillian Chiu and Victoria Dowhan

Kindergarteners
Madison Lacombe,
Katelyn Battad,
Lindsay Speirs,
Kristin Smith

JK student
Justin Pham and
Kindergartener Jennie
Pham

# MUFTI

Mariah Habslip, Rema Waris and Kristin Smith

Halloween parade of characters!

Madelyn Melay, Mrs. Chochinic and Anais Casselman-Green

Marley Smith and Aurora Robert

Nursery School enjoyed Halloween

Christopher Dowhan, Megan Harley and Honor Hinchey celebrated Valentines Day

Nursery School celebrated Halloween

Dasha Silhova, Leah Bernhardt and Jane Guberman

Claire Meir and Buchwald

# FIELD TRIPS

*Kindergarteners enjoyed a variety of animals at Holewood Farm and Red Lobster*

*Mrs. Stoller's class hit the road*

Sarah and Olivia Asper shared a hug at the Yahoo Barbeque

Junior School Students got physical with fun and games at Interhouse activities

Olivia Meier performed a science experiment

# EVENTS

Yee-haw! Cowgirl mufti rocks!

Halloween was a blast in Kindergarten

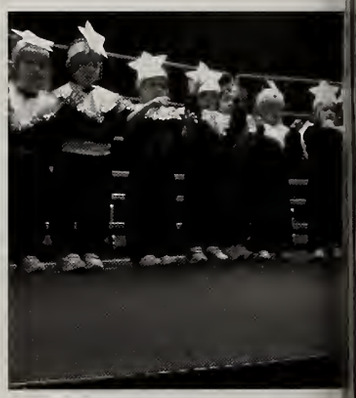
Prelude to a family lunch

Grade 5 girls proved that class could be fun

Grade 1 Pyramid

# Holiday Concert

## *Smiles of the Season*



# Choirs

*Grade 1, 2 and 3 choir*

*Grade 4 and 5 choir*

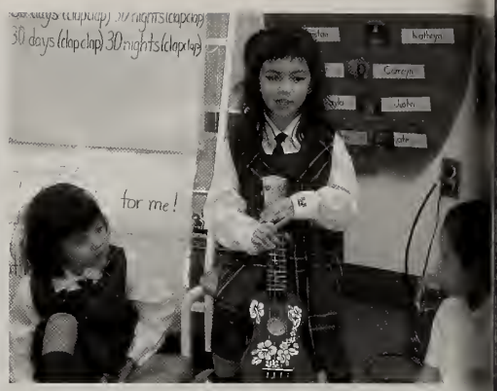
Choirs performed very well at the Manitoba Music Festival.
Grades 1 to 3 choir received a gold standing and the Grades 4 to 5 choir received a silver plus standing.
h choirs sang at an all school assembly, Grandparents Day and the Junior School Closing Ceremonies.

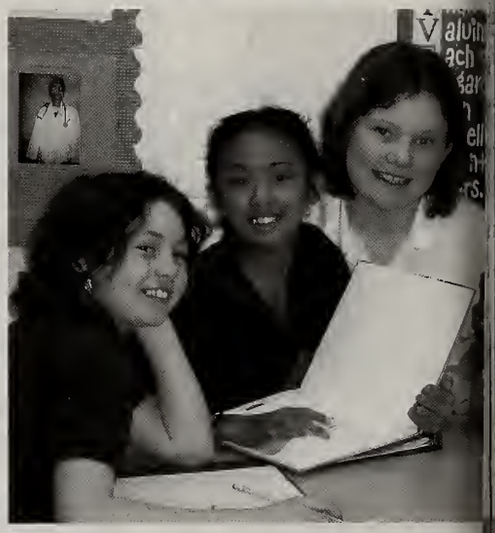
Bell Choir has played at the Women Entrepreneur of the Year Awards Banquet at the Convention Centre in May.
y played at the Doll Assembly, the Holiday Concert, Judy Christie's retirement tea and the Junior School Closing Ceremonies.

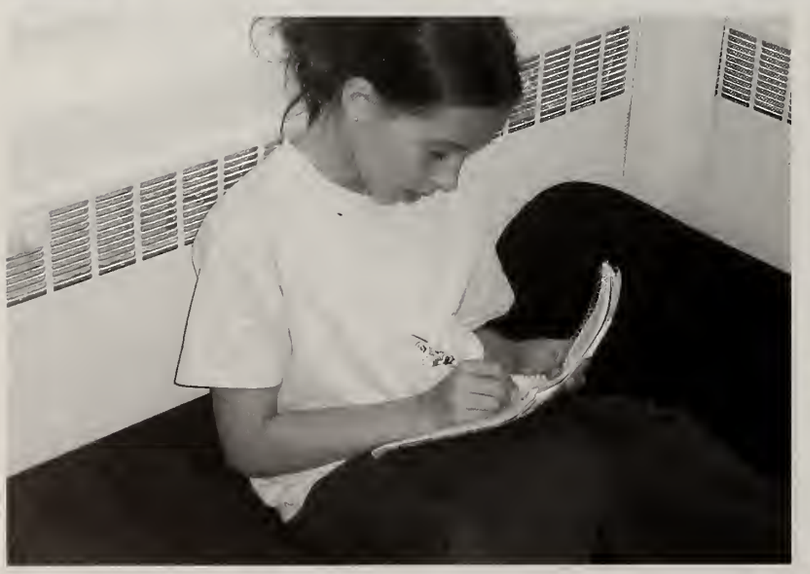
*udents in the Bell Choir from left to right, Madeline Lishka, Danielle Their, Hayley Stacey, Jane MacDougall, Zoe Haber, Katiana Mastin, Vanessa Bernisa, Michelle Prendiville, Deby McIntosh, Amanda Wong, Cady Jessiman, Mirett Awandalla, Kirsten Hooper, Ella Thomson, Franchesca Smith, Julia White*

*Concours d'art Oratoire*
*Sydney Jones, Talia Smith, Jaclyn Hom, Vanessa Leung-Shing*

# Candids







# Mentor Buddies

line Richardson and Julie Klein

Grade 5's and their Grade 9 buddies created dolls in their own likeness

Olivia Meier and Stephanie Han

ce a week Junior School dents met with their nior School buddies. gether, they discussed portant topics and rked to end bullying at lmoral Hall. The buddies created works of art, h as the Pinwheels for ace, and formed lasting ndships.

Mrs. Konyk-Pastuck's Grade 3 Class and their Senior 3 buddies

In the spring, buddies were joined by their new friends from Shizuoka Eiwa

# SPORTS

# DAYS

Jr. School Track Team Front Row: Samantha Moreau, Ali Wade Middle Row: Alexia Cholakis, Kirsten Hooper, Desiree Chow, Vanessa Bermisa, Kara Langley, Emily Ferguson, Ella Thomson Back Row: Mollie Quinton, Amanda Wong, Jane McDougall, Alisa Berger, Celina Penny, Gabrielle Warren, Madeline Arbuckle, Talia Smith

# LIBRARY

The Kingdom of Reading Book Fair was held in February this year and was a great success

"Readers are Leaders" Grade 5 Library leaders Brooke Cochrane, Brynn Murray, Priya Kotecha, and Katiana Mastin were a big help to Mrs. Robin this year

Alarey Loyns enjoyed some new art books in the library

"Readers are Leaders" Grade 5 Library Leaders Jacklyn Blom and Kady Evangshyn were a big help to Mrs. Robin this year

Young Grade 1 researchers Sam Machado, Maria Kennedy, and Naia Dias-Gwyn give a presentation to their class about "Living Things"

Guest Richard Scarsbrook, author of "Cheeseburger Subversive" gave a presentation to Senior School about his book

# Special Guests

Author Jo McLellan visited the grade 3s

Isabella McLay had her dad in as a guest

aboriginal elder came in and spoke about the four dicines and made friendship bracelets with the gr. 2s

Hannah Taylor spoke to gr.2s about the qualities of a leader and how she created the Ladybug Foundation

Mrs. Steek was a guest reader for Mrs. Stoller's holiday party

Meredith and Gillian Chiu had their mother visit to do a writer's workshop and a play

# Grade 5 Year-end Dinner

Grade 5 teachers, Mrs. McBarlan, Mrs. McComb and Kathleen Kopp

ade 3 Jessie McTaggart demon-
tes a good communicator at the
Storytelling Festival

Left, Jane Huberman and Katie Roller doing a science experiment

Right, the Kindergarden classes provide examples of the characteristics of the PYP profile:

Caring

Principled

Open-minded communicator

Thinkers

Knowledgable

Reflective

Risk-takers

Inquirers

r. DeBlonde and the grade 3s did an inquiry about
es that attract and repel. Cassidy Maidment is a Risk
er as she places her hand on the Van der Graaf genera-
tor before it is switched on

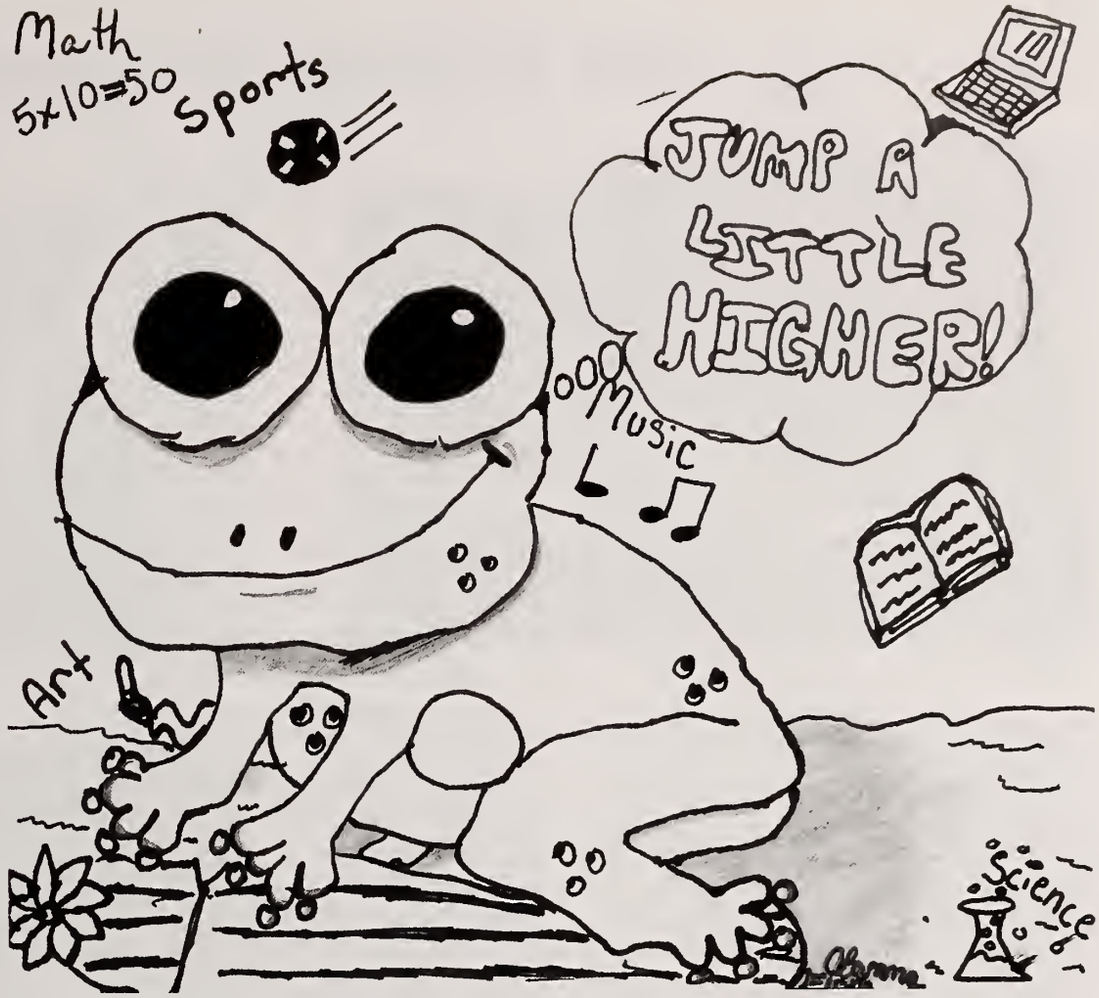
Grade 5 Dramatic presentations of Notable Women
Back row: Kathleen Kopp, Marissa Woods, Ella Thomson, Ali Wade, Priya Kotecha, Allessandra Turner, Kara Langley, Ashley Reid, Erika Ilse, Maddie Lischka, Kennedy Maidment Front row: Bryanna Sherbo, Luxmy Navaretnam, Montana Muir, Bryn Koehn

Grade 1 performed a play called "The Book Brigade"

Mrs. Stoller's class went on a field trip to the Assiniboine Zoo

Josie Feltham and Sarah Brown demonstrated good communicators during paired reading time in Mrs. Chochinov's grade 4 class

BELIEVE




A LITTLE

LONGER

# WINS WEEK

*New students got ready for an exciting round of "Food Fear Factor"*

*A group of girls participated in the "Human Knot*

## WINS (Welcome In New Students)

New students to grade six, to grade nine, and to BH in general were given the opportunity to interact with old students in a variety of fun-filled activities in order to make new friends and enjoy their first day in BH.

*Shea Gaynor and Kayla Fernandes compeated in "Food Fear Factor" as friends watched*

*Above: During WINS Week girls played a game of "Duck, Duck, Goose"*
*Right: Middle School girls had fun playing twister in the atrium*

# El Salvador Trip

April, Mylene Gamache, Sarry Klein, Jamie DesJarlais, Kate Langrell, Robyn ac, Sinthuja Navaretnam, Claudia Muller Moran, Sarah Scott, Tina Nakoulas s. Green, Wanda Zajac and Doug Langrell embarked on a trip of a lifetime. They nt to El Salvador to help habitat for humanity build homes for families in need. parations for the trip started in October, 2005 with team building meetings visits with the habitat for humanity Foundation in Winnipeg. While there, the s were fortunate to experience the El Salvadorian culture, eat the famous usas and celebrate Easter. Over 5 days we worked long and tiresome days in the t, churning chispa (cement) and building cinderblock walls. After 5 days, we ed complete five homes, with a front and back door, two windows that could be ned and closed, tiled floors, painted walls, a roof, two bedrooms and one living m. We all felt proud of our accomplishments and helping families in need. We e back with a new view on the world and new friendships. A special thank you veryone involved especially Doug Langrell for initiating this special opportunity.

Sarry Klein helped Estela paint the wall for her home

Jamie, Robyn, Mylene and Sarry ok the bus to get home from work

Sinthu helped to build this home for the family standing with her

Robyn spent time with the child whose home she helped to build

Jamie and Sarry shared a mango

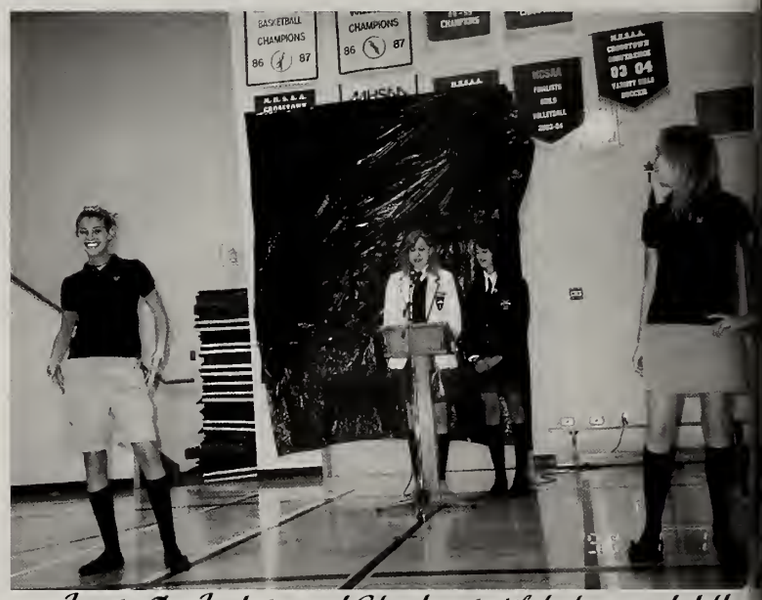
Robyn and Mylene had time to relax

Sarry and Jamie mixed chispa (cement) to lay the bricks

# ASSEMBLIES

*Jump A Little Higher was introduced at opening assembly with a dance b the 2005-06 prefects*

*New students including Sarah Brown received school pins from Catherine Simons and Jacklyn Prendiville*



*Jamie DesJarlais and Stephanie Webster model the summer uniform for the opening assembly fashion sh*

*Students received pins, tips and booklets at the skin cancer youth awareness forum*

The Rememberance Day Assembly, as always, is an important reminder of the need for global tolerance and peace. S3 students performed a dramatic reading to help us keep this in mind. Arda Thomson spoke about her experiences and gave us a personal perspective that we will all remember.

A symbolic picture drawn by S4 student Melanie Riggs displayed:

*Lest We Forget*
*Some Gave All*

Before the annual Girls for the Cure Walk/Run, representatives from the Chemo Savvy Dragon Boat team addressed the student body to thank us for our efforts to raise money in the battle against breast cancer

# ENCORE!

Middle School students in grades 6 to 8 participated in a nostalgic, high energy tribute to musical history called Encore! The Music of Our Times which included dance routines as well as solo and group choral numbers to a medley of pop, rock and roll, and country tunes. It was a fabulous variety show demonstrating the talent in the Middle School.

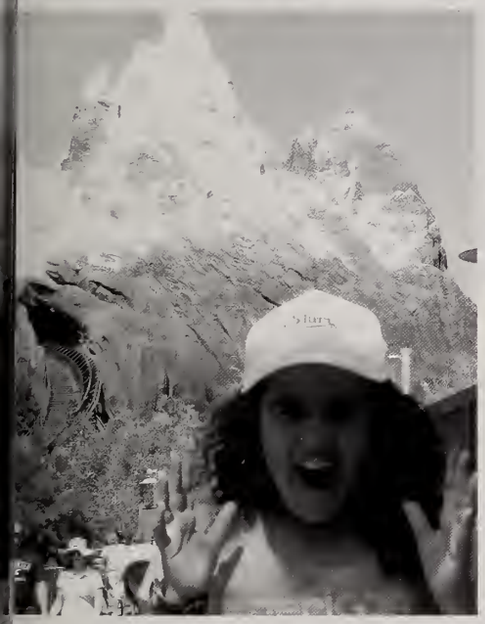
Grade 6 students

Grade 7 students

Grade 8 students

# Performing Arts Trip

This year Middle School was offered a trip to Florida. To be eligible to go you had to be in the musical *Encore*. We did performances in the Magic Kingdom and Universal Studios. We went to the Animal Kingdom and the show *La Nouba* from Cirque du Soleil. We also had a vocal workshop. The whole experience was amazing and I enjoyed it very much! By: Jacklyn Prendiville



# Stand Tall At Balmoral Hall

On **Thursday, February 16,** Bh held a 'Kick Off' showing a commitment to a safer place to learn. The kick off culminated a mentor buddy initiative that focused on our anti-bullying campaign. During mentor buddy sessions, Middle and Senior School students paired up with Junior School students to illustrate their thoughts on what "anti-bullying" looks like at Bh. The students drew their thoughts on paper then the individual drawings were "quilted together" and displayed. The students were also asked to come up with a slogan for Bh. Leah Werier, a S3 student, had the winning slogan, "Stand Tall at Balmoral hall" which encourages students to stand up for each other against bullying behaviors.

Bullying, as defined by Balmoral hall School, is a deliberate and typically repeated attempt to hurt either physically or emotionally from which the aggressor derives gratification. It is made possible by an imbalance of power and the unjust use of power by individuals or groups.

Although Bh is a caring environment where very little bullying has surfaced, any bullying at all is too much.

*Krupa Kotecha*

*Mrs. Steck and her helpers expla the "BH Cares" bracelets*

*Mentor buddies make their bracelets*

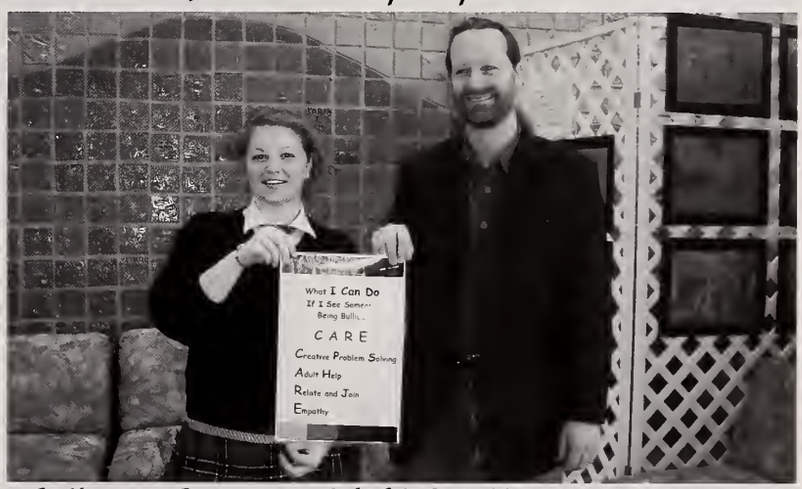
Once upon a time, a pond was born out of raindrops and dew. This pond was filled with innocent creatures, who began their lives anew. As the pond evolved, the creatures grew and friendships were formed. The bees buzzed with other bees, the frogs leaped with their fellow frogs, the birds sung in their nests, and all the other creatures were comforted by the presence of their own kind. Everyone thought the pond could not be any more beautiful, until the arrival of the butterfly. Although the butterfly was nice to look at, they would not take the time to befriend her. Every day, the butterfly hoped that someone would ask her to play. The butterfly understood that she was the only one of her kind. She accepted that she was different, but she n't understand why they couldn't play together. The butterfly gained enough confidence to ask the bees if she could join them. Queen-bee heard the butterfly's unfamiliar voice, and turned her away. She turned her back and whispered to her wanna "who does she think she is with her webbed wings, she can't even sting." The wanna bees giggled out loud. The other crea- s heard their conversation and questioned whether they should have defended the butterfly, although they did not want to be ied by the bees. The frog understood what the butterfly was experiencing. She made her way over to the butterfly and nforted her and they became good friends. The butterfly and the frog's friendship had blossomed. The bees didn't like how the had befriended the butterfly. Sometimes they secretly envied the fun they were having together. The bees realized that they judged the butterfly before getting to know her. They decided that it was time to fly over and make peace. The bees said y felt bad for what they had done, and they realized that all their differences are what make the pond as beautiful as it is. member: when bees sting, it hurts. Don't stand by, stand up. Learn from the frog and jump a little higher.

ssidy Maidment, Claudia Muller-Moran and Alexandra Tram

Stephanie Han and her buddy

Brittany Dolynchuck and Jillian Chiu

Jacklyn and Alanna Blom visit MP Anita Neville to give her a BH Cares bracelet




Catherine Simons and MLA Rob Altemeyer present the CARE poster

# France Trip

Grade 12's strike a pose

Alex Campbell, Olivia Zaporzan, and Jenna Brown romped in the fountain

Dorothy the tour guide, Mrs. Christie, and Mrs. Kamins under t Arc de Triomphe

Group picture on the Rothschild House steps

Jenna Brown, this is the closest t the inside of a Porsche she ever g

Danielle Guenette and Jenny Ethans on a Paris river boat

Changing of the guards at the Royal Palace in Monaco

Jenna Brown, Alex Campbell an Olivia Zaporzan at Le Louvre

# Bon Voyage

This spring break 17 brave travelers 2 teachers set off to France. We arrived in Nice after a very long flight and were amazed at the beautiful scenery of old fashioned architecture that made us feel as if we were walking on a movie set with the blue clear sea and lots of palm trees. We toured around this beautiful city as well as nboring areas such as Monaco, and Cannes. In Paris, we saw the Eiffel tower lit up and glittering at night from our boat e, Notre Dame, the Louvre, the amazing Versailles Palace and the Mona Lisa. It was a beautiful old city, though a little y. It was an amazing experience in culture for all of us, we can't wait go back there again! By: Katie Murray

*e bid farewell to Monaco at the train station*

*Olivia Zaporzan, Alex Campbell and Jenna Brown at the Arc de Triomphe*

*What a memory for the grade 12s, here in front of the Mediterranean Sea*

*anielle Guenette, Alexis Kozak, Heather Sandhu and Sameera Abdulrehman at Rothschild House*

*Poonam Mahay and Heather Sandhu enjoyed their senior trip together*

# Maple Program

Nodoka Matsumoto and her grade 3 buddy, Kirsten Rogers

Shiho, Asami and Erika joined the grade 3s for a Japanese Tea Party

Erumi Hiramatsu with her grade 3 buddy, Lisa Kim

S3 students, K.K. Ho, Emilie Anderson Gregoire, Kate Langrell and Claudi Muller Moran joined them on a visit to Assiniboine Zoo

Futaba Hata and her grade 3 buddy, Emma Holeman

Erumi Hiramatsu, Saki Shiramatsu, Haruka Omori, Nodoka Matsumoto, Futaba Hata, Asami Sugiyama, Shiho Hoje, Ryoko Mabuchi, Erika Hara, Shion Sugiyama

Sakie Yamazaki, who is here from Shizoka Ewa spending a full year, spent time with Shiho at the zoo

Shion Sugiyama and her S2 buddy Michaela Vickar

# Grandparents' Day

Grade 8s worked on a Current Affairs Contest

Grade 8s read to their grandparents in French

ilie Anderson Gregoire's grand-
ther helped to organize her book
for Spanish

Chelsea Chimilar and her grandparents tried to determine the central tendencies (mean and median) of data in Math class

. Cook's grade 6 class worked on a unit on measurements of length and converting units of measurement in Math class

Rachel Solomon's grandmothers joined her for Geographical Issues

# TECHNOLOGY

"Blurred Rox" - I isolated the swings and myself. I applied two filters: film grain, and water paper. I like how my action was captured.
By Roxanne Hagan

Originally this picture was taken in colour, however I changed it to black and white to try and create the look of an old romance story with the couple on the right side of the picture. By Alex Campbell

I liked this picture because I did a good job of achieving a Digital Macro shot. This setting allowed me to get really close to the flower, and shows the intricate details of a flower.
By Michaela Vickar

The S2 multi-media clas chose their favorite pieces display.

I took this picture in France during Spring Break. I chose this picture because it is like a car commercial.
By Fernanda Gomez Correa

"Tire Swing" - I chose this because I like the angle of t swing and the motion.
By Shereen Samimi

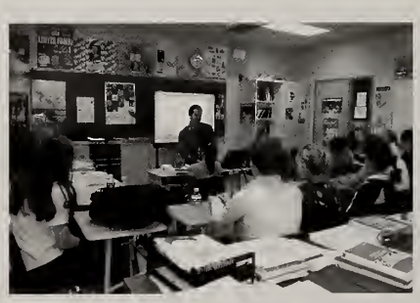
The cracked banks off the Maryland Bridge provide a mosaic that describes the journey of all people.
By Victoria Schaeffer

"Beached" - I took this picture on a beach in Barbados while on vacation. I played around with creative angles to get a good shot of the grounded boat.
By Natasha Zloty

Getting into just the right position to take this picture was a challenge, but I was extremely pleased with the results! The light, vibrant colour, and depth of field was exactly what I was trying to capture.
By Nadine Lowes

I really like the effect that sun has through the trees. photograph was taken at around two thrity in the fr yard of the school, while it l as though it was taken earl the morning in a forest.
By Grace Boyd

I chose this picture because it conveys a simplistic message. By framing the ocean I could communicate my interest in my subjects.
By AnnaSimons



Guest photographer, Keith Levit, presented techniques to the Multi-media class

This picture was taken on a beach in Vancouver. Here is one I took of my sister, and it turned ou really good.
By Erica Scharfstein

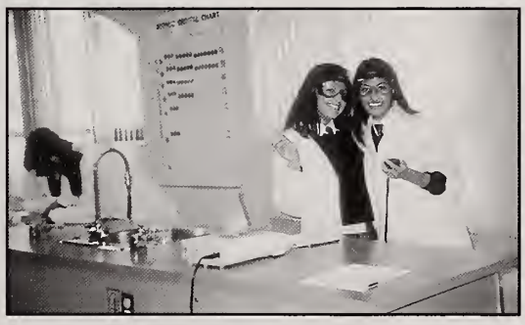
# SCIENCE

Renata de Alba and Sean King had fun with "Outrageous Ooze"

Airyn Lancaster and Kathryn Marcynuk determined the molar mass of a volatile liquid

What a disection!
Miranda Thorne and Siba Abas
YuMeng Liu and Alyssa Ambrosie
Nadine Lowes and Nora Tien
counted chocolate chips for an experiment

Catherine Simons and Lisa Gregory estimated Ksp for copper chromate



tania Campanelli traced Kathleen Skinner to prepare a macroscopic view

Fernanda Gomez and Macy Morden contributed to "The Demise of the Halloween Pumpkin"

# Girls for the Cure

Despite rainy and cold conditions, Girls for the Cure was a huge success. The local river walk became a sea of pink as students, teachers and parents ran or walked to The Forks and back. Junior School students were paired up with Middle and Senior School buddies for the journey. Unfortunately, the annual celebration stop at the Legislature couldn't be done, due to the weather. Upon arrival back to the school, everyone gathered in the atrium to warm up, have some water and a cookie for a treat. A cheque was presented to Cancer Care Manitoba for over $15,000 of raised funds.

Way to go Balmoral Hall School!

Thank you to our event sponsors:
Natural Bakery Big Sand Quintex

Grade 1 students enjoyed the after-walk celebration

BH students and Chemo Savvy Dragon Boat team members kicked off the Walk/R

# Walk/Run for Cancercare

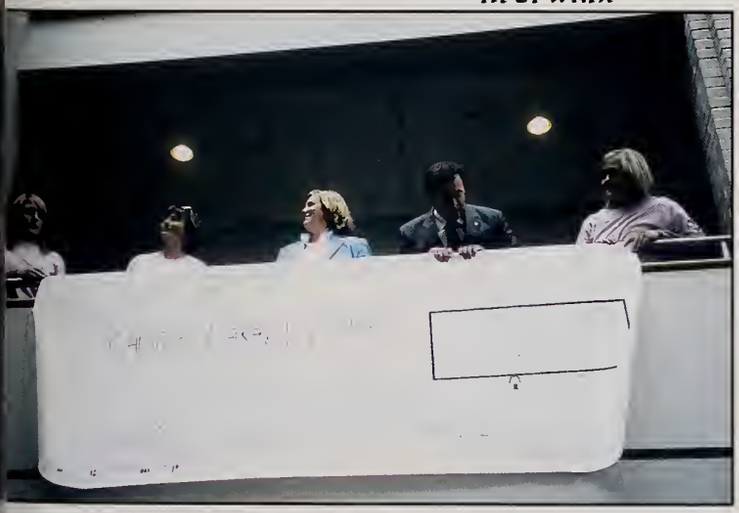
dle School students prepared for the long, cold walk to the Forks

Stefania Campanelli, Robin Jacuzzi, Lexi Dickson, Sarah Rybczuk and Madelaine Stefanik handed out delicious cookies as a treat at the after-walk celebration

nior School students l their walking buddies k a much needed rest

Lauren Smerchanski, Talia Joundi, Leanne Glass and Erica Siddall along the river walk

Grade 2 students stopped to celebrate the walk



The cheque presentation ceremony

Mr. Kerr, a "girl" for the cure?

# Dances

Natasha Cobb, Elizabeth White and Madison Maidment worked at the canteen

Gracie Mann, Madison Stewart and Jacklyn Prendivil

The senior school dance rocked the atrium

S4 students led the floor doing the Macarena

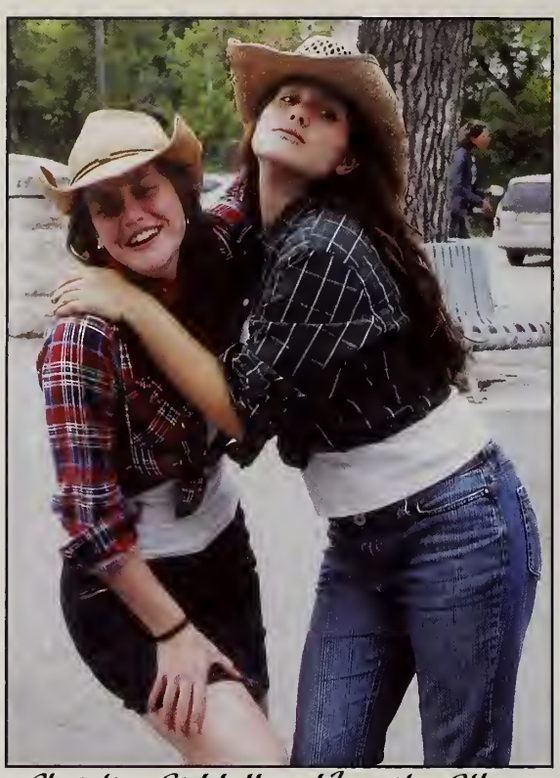
# Student Leadership

*Alexis Kozak, Mrs. Green, Jenny Jans, and Kiran Dhillon attended the Canadian Student Leadership Conference in Lloydminster, AB*

Many prefects were given the opportunity to attend leadership conferences around the country. This remarkable priviledge is an amazing learning and growing experience. Leadership conferences enable students to meet with others from different provinces to mingle as well as share ideas about how to become better leaders. Most leadership conferences also allow for a hands on approach and have prominent guest speakers and seminars. The reason that these conferences are truly beneficial is because they teach students how to strenghthen and motivate their own student body. Plus, they're alot of fun too!
By: Kiran Dhillon

*The 2005 Manitoba Alive Conference*

# YAHOO BBQ



Christine Siddall and Jennifer Ethans sported some trendy cowgirl attire

This year's Yahoo BBQ had a fun carnival theme with activities like face painting, mini-golf, and a dunk tank. Of course, a big part of the Yahoo BBQ is the food! We enjoyed pizza, corn dogs, snow cones, frozen chocolate bananas and my personal favorite, mini-donuts. All in all, this year's BBQ was a huge success; I know everyone had a great time!
By: Airyn Lancaster

Stephanie Webster, Hannh Johnso and Sydney Bicknell took a break pose for the camera

The Jar B Crew: pare volunteer Mrs. Chris Carmen Provincia and Elizab White

Winnipeg Police Services rode in on these beautiful horses to add to the Yahoo BBQ theme - Everyone in attendance stopped to visit them during the event

Claire Hughes took aim at one of the carnival games

# Under the Big Top

la De Pape got her face painted

Amanda Wong, Alanna Blom, and Mollie Quinton made a new friend

Karen Li helped guide the putter to win her a prize

Visser took the dance floor with natural style

Mr. Kerr hit the water after a skilled throw at the dunk tank

esteMain chose her duck carefully

S2s, current and former, enjoyed the festivities

Katie Moore, Kathryn Marcynuk and Airyn Lancaster helped out at the duck pond

# Renaissance Festival

The grade 8's were so excited to get on the bus to Minneapolis! We arrived at our hotel and got ready to leave for the Mall America. We spent lots of time shopping and going to Camp Snoopy. We had so much fun on the rides! The next day, we enjoyed a morning at the sculpture garden & art gallery. Later, we spent the afternoon at a great science museum trying out different experiments. The third day, we left early for the Festival. We were amazed because it was like going back in time! Everyone was dressed up in great outfits, there was even a King and Queen! We wandered around the grounds looking at beautiful crafts, jewelry and clothing. We could even go on camel and elephant rides! We enjoyed plays and a good lunch. We wished the day could have lasted so much longer. All had a great time on this trip and thanks to all the teachers who came. We will always remember this great experience! By: Stephanie Webster

Mrs. Christie and Mme Workman enjoyed a tasty turkey leg during lunch break

A group of grade 8 girls enjoyed a morning at the sculpture garden

Victoria Taylor, Jaunty Morden, Hannah Stinson, & Erica Prefontaine Dean

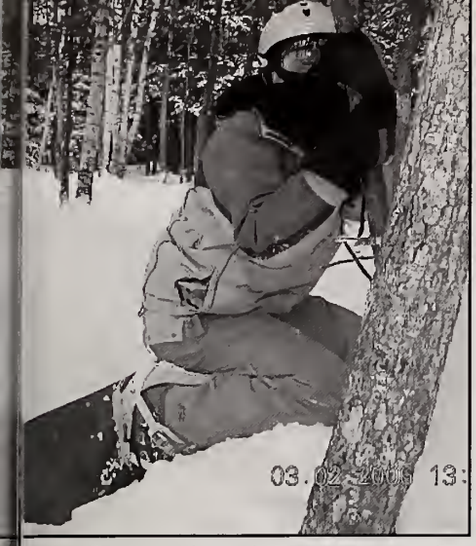
Sydney Bicknell used the blood pressure machine at the Minneapolis Science Museum

Jaunty Morden was put in the stocks for breaking wind

Guests watched an entertaining play at the Festival

Excited people entered the gates at the Renaissance Festival

# Ski Trip




tany Dolynchuk hit some trouble

arissa MacLeod and Sena Lam had a great time

From Mexico to Giant's Ridge - these BH resident students bundled up for the trip

tephanie Han, Julie Klein and mie DesJarlais took on the hill

Sena Lam in good form

S3 students taking a break for refreshments

Erika Mitchell, Rachel Solomon, Ashlyn Kettner, Courtney Weinstein, Jamie Holt, Erica Scharfstein, Jenna Brown, and Matt Bawille

Ai Shibata took shots for the yearbook!

# St. Paul's Walk

The day of the Walk, the sun was out and the weather was perfect. Girls from St. Mary's Academy and BH met with the boys at St. Paul's High School before heading out for a walk through Assiniboine Park. Stations were scattered along the path as fun-filled distractions from the long walk, including arm wrestling, racing on tricycles, watching card tricks, passing footballs with members of the Blue Bombers football team, and being treated with cookies! When the students arrived back at the school they ate lunch and amused themselves with the activities set up around the grounds. Later on, everyone enjoyed many laughs as they watched a dating game and smashing air bands. Friendships, fun, and fabulous times were had at this year's St. Paul's Walk!

*Grads enjoyed their last year at the walk*

*Erica Siddall and Talia Joundi poised to speed down the other side of the Velcro Olympics*

*There were man inflatable activi ties, such as the Basketball Chal lenge, the Velcro Olympics, and th jousting ring*

*Christie Brante challenged Sra McDonald to a jousting match*

*Better luck nex year, Christie!*

*Senior School teachers lounged in the sunshine*

*Sarry Klein takes on a St. Mary's girl in arm wrestlin*

# St. Paul's Walk

Grade 9's relaxed after the walk through Assiniboine Forest and Park

Grade 9's and 10's had a bite to eat on the steps of the outdoor theatre at St. Paul's HS

Shibata, Min Hee Yoo, Yo Eun Choi, Julia Park, Jina Song and Ayaka saka beside the Mini Donut truck, e of the options available for lunch

Leal Abas, Léa Anderson Gregoire and nia Ogolikhina stopped for a break long the walk route through the Assiniboine Forest

de 11's seemed to enjoy the day with this St. Paul's student

Jamie DesJarlais, Marissa Atalietis and St. Paul's boys played football with some Blue Bombers

# Camp Arnes

Camp Arnes allowed the grade 6 classes to have a fun and enjoyable time together. We not only learned about the outdoors but we got to pretend that we were animals surviving in the wilderness. Some were fortunate to be predators, while others unfortunately, were the prey! This experience allowed us to get to know one another on a whole new level. We even learned what our teachers enjoy doing outside of school!

Some days the weather didn't cooperate but on others, it was awesome! At all the meals, everyone (including teachers) pitched in to clean up and all showed as much appreciation to the staff around us as we possibly could. All the grade 6 girls would like to thank Mrs. Christie for her extraordinary patience and hard work at making this trip fun and possible, along with Mr. Cook and Mrs. Naughten!!!!

By: Leanne King

Sabrina Sorin, Cecilia Wanman, Brittany Reid, Demara Davidson, and Courtney Parada Leitao learned to us archery equipment

Katrina Barknell bravely handled a snake!

Grade 6 girls were pulled by horses on a trail ride

Just before leaving for the Camp Arnes adventure

Alexandra Jessiman, Simr Singh, Sydney Jones, Brid Bicknell, safe in their shel

Just before calling it a night

The girls got to take a dip in the pool while at camp

# Yurt Camp

This year grade 7s went on a two and a half hour bus ride to Yurt Camp in Minaki, Ontario. It was worth the trip! When we arrived we were greeted with a delicious warm breakfast. Then the camp instructors, Jordy and Nadine, announced which groups we were in to do the activities. Mountain biking was the first activity for my group. We biked over rocks, tree roots, and grassy patches. I had lots of fun and made it out alive! Then there was lunch, yummy grilled cheese. The next activity for my group was rock climbing. We had to climb real rocks; they were huge! We learned a lot by helping each other and giving lots of encouragement. The next thing we did was canoeing. First we learned the basic canoeing techniques and then we had to enter the secret club. We really "like to canoe"! The last activity was hiking. We walked and played games with each other. We did some difficult challenges and had to trust each other when blindfolded. At the end of the day we went to our sleeping arrangements. I slept in the tipi which was a lot of fun. I really loved Yurt Camp and we were all sad when we had to go home. By: Hannah Darrach-Cottick

Amanda Stegmaier

Haley Koehn and Ale Garrido Hernandez

Carleigh Balciunas, Celeste Main, Rebecca Alexander

Layla Freig, Adrianna Militano, Izzy Anderson-Gregoire

## Rock Climbing!

The group worked together on a canoe game

Yurt Camp was a great Canadian Adventure for all

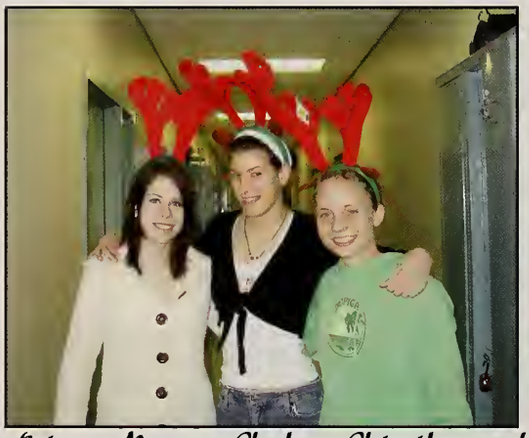
Carmen Provinciano, Megan Clarke and Colleen Burlan mountain biking

# Mufti Days

Celine Richardson and Ms. Borodkin

Katrina Barkwell, Kaitlin Robinson, McKenzie Trann and Gabriella Balog

Alexis Kozak, Heather Sandhu, Jennifer Ethans and Mylene Gamach



Ariana Meyers, Chelsea Chimilar and Ashley Fredette were reindeer antlers

House Colours

Alexandra DePape, Cody Keith, Bridget Bicknell and Kate Boucha

Colleen Furlan and Katie Eva exchanged "Warm Fuzzies"

Alexandra de Pape expressed he love on her shirt

Senior 2 and Grade 8 group hug

Melanie Riggs, Michelle Maryk and Katie Murray posed to show off their pink attire

Shelby Szarko and Rebeca Sherbo Valentine's mufti

# HALLOWEEN

Manda Thorne dressed as a jungle cat for Halloween

Roxanne Ilagan and Shereen Samimi got treats from Katie Murray, alias Willy Wonka

Marissa Atalioti and Sarry Klein celebrated as Tinkerbell and Bear in the Big Blue House

Ina Brown and Shanleigh Thompson went digital for Halloween

KK Ho and Anna Simons partied at the Halloween sock hop

Caitlin Brock, Saira Abdulrehman and Shawna Olson dressed for the occasion

Ms. Clarke's grade 7's prepared for door decoration judging

Some grade 12's enjoyed a break in the Atrium

Cristine Siddall and Alexis Kozak "patrolled" the sock hop

Carmen Provinciano, Elizabeth White, Kelsey Lacombe and Katie Eva

Madison Maidment and Katie Eva were ready for door judging

# What's in a Question?

On critical challenge night parents joined their children in answering thought-provoking questions:

Mrs. Faris, Grade 1: Which is best for mice – life in the city or life in the country?

Ms McComb, Grade 5: Is adaptation the answer?

Mrs. Moeller, Grade 8: The Killing of Lennie Small: A Mercy Killing or Murder?

Mme Goldberg, Grade 12: The Power of the Press – how has the media influenced the course of history through the years?

Dr. DeBlonde: What are the factors that affect oscillation motion of a pendulum?

*Maya Schwartz and Alex Blake had fun decorating holiday cookies*

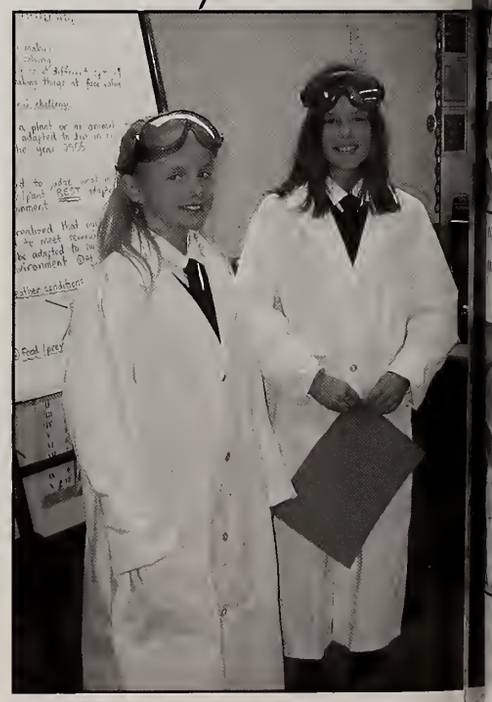
*The quartet of Ashley Bredette, Arden Alfonso, Mylène Famache a Chelsea Chimilar sang "Your Son*

*The Senior Choir performed "B Sisters"*

*The Grade Two's and Mrs. Stoller ask, "What makes a good cleaning product for kids?"*

*The consumer math class decided if James could afford a house*

*Bryanna Sherbo and Agnsley Ho design an animal adapted to th year 2505*

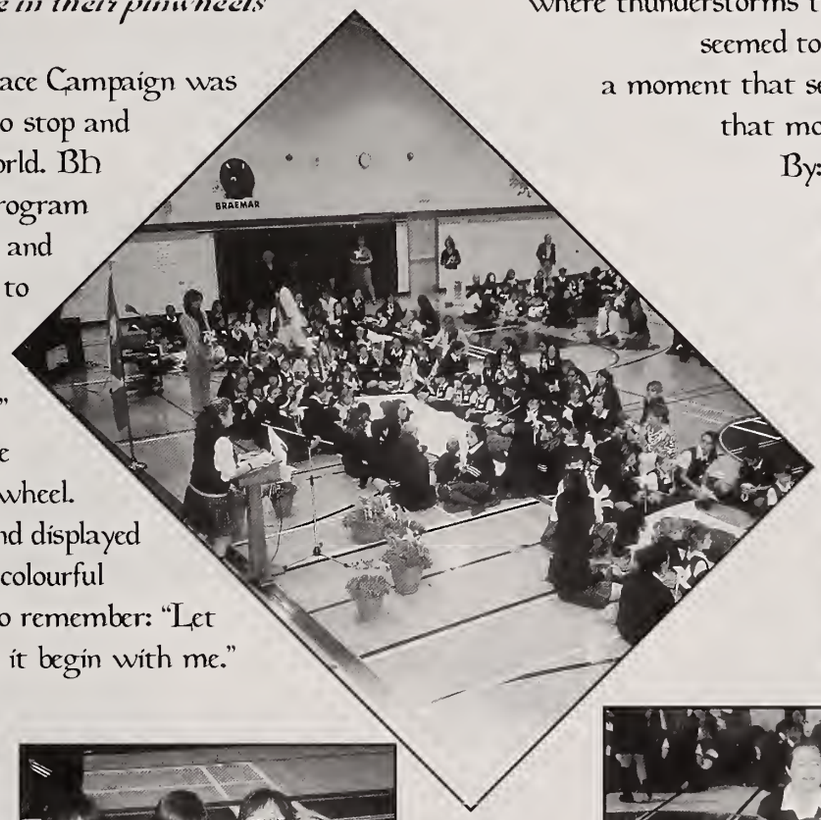


# Pinwheels for Peace

*The grade 8's took pride in their pinwheels*

Peace
have you ever witnessed a moment
a very special delicate moment
where families everywhere stopped for a cuddle
wars and fights paused
and everyone exchanged friendly glances
a moment where everything seemed to be perfect
and kids who had been crying, finally smiled
where people sat down in the twilight and read
as the fireflies twinkled and grasshoppers croaked
where thunderstorms that once were terrifying
seemed to be beautiful
a moment that seemed to last a lifetime
that moment was peace.
By: Kaitlyn Scott

he National Pinwheels for Peace Campaign was
fort to cause the country to stop and
about the state of the world. Bh
d off the Mentor Buddy program
this effort. Junior, Middle, and
r students joined together to
heir thoughts into
tic design. Students all
ed their own idea of "peace"
drawing or poem. Then the
ork was turned into a pinwheel.
he pinwheels were "planted" and displayed
nd the school. They were a colourful
nder of what we all need to remember: "Let
be peace on Earth and let it begin with me."



*rade 12's helped the rade 2's make their pinwheels*

*Eun Jin Kwak, Tiffany Mok, Kimi Wong and Sarah Scott*

*Grade 11's and grade 3's gathered to admire their pinwheels*

# Holiday Party

Taylor Maidment led Santa, Heather Sandhu, Sameera Abdulrehman and Mylene Gamache in holiday caroling

Santa arrived during the juggling act then appeared at the party to visit with the students and help to distribute the draw prizes

Every year Balmoral Hall School students invite students from Mulvey School and BH Junior School to participate in holiday activities. This year, they enjoyed an entertaining juggling show, made crafts, and had a visit from Santa, who had an exciting draw for prizes. Mrs. Sheps, Mrs. Zimmer, and BH girls made and decorated sugar cookies for the kids to have with some hot chocolate. Mulvey students also received a loot bag of school supplies.

Leah Werier, Julie Klein, Saira Abdulrehman and Mrs Blackma baked and decorated cookies

Students enjoyed snacks at the party after making crafts

BH prepared loot bags for the party

S4 students helped make crafts

Activity buzzed in the gym

# Day of Giving

Ms. Dow helped with wrapping

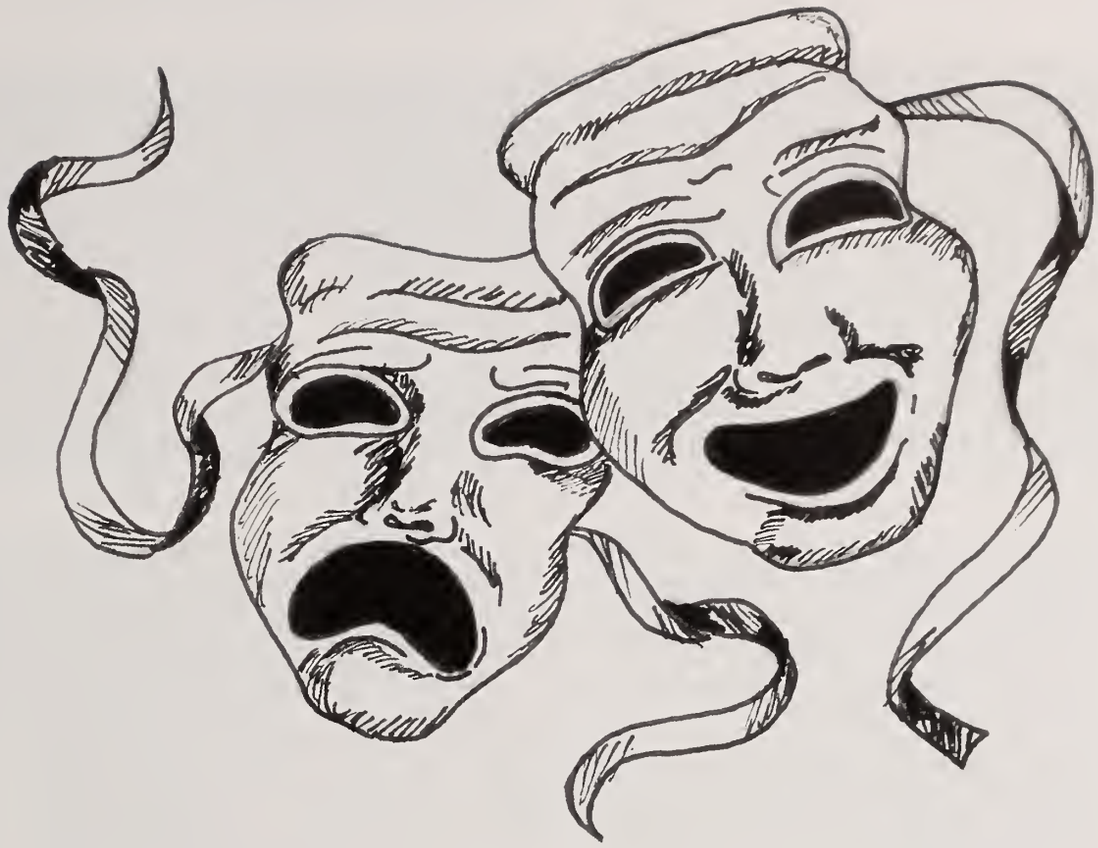
Mr. Leipsic and girls delivered hampers

On the our annual Day of Giving, Middle School students and staff created and prepared gift stockings and bags for 100 residents of Misericordia Place and 174 patients in the Interim Care units of the Misericordia hospital. We are very proud of this project. The morning was filled with the bustle of activities as we all wrote cards, made crafts and packaged up candies and oranges. The highlight was the afternoon when we walked to the hospital to distribute the gifts, visited with the patients and sang in the hallways. What a great way to start the holiday season!

P.C. Wanman, Emily Kesselman and Bittany Reid made potpourri pouches

Girls lined up to fill the bags with goodies

CREATE



A LITTLE

WILDER

# GREASE

Jamie DesJarlais, a peppy Patty Simcox

Full cast and crew made the show awesome

Danny and Sandy argue

T-birds razzed Danny about the summer

Mr. Bud instructed Arden

The backstage crew kept it togeth

The characters made plans for "Moonlight in the Tropics"

Jenna Brown, Olivia Zaporzan a Michelle Maryk

# The Musical

ichelle Maryk as Frenchy, the beauty school dropout

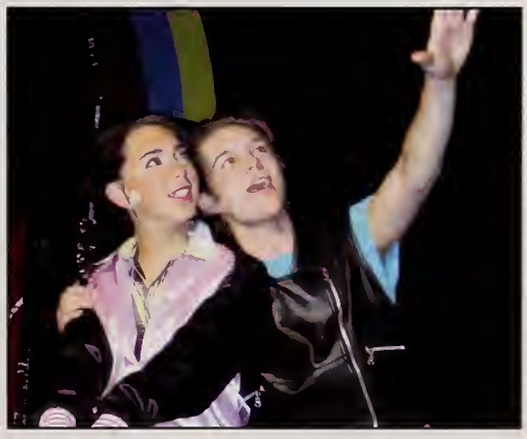
-den Alfonso, portrayed the naive and innocent Sandy

Mylène Lamache (here with Chelsea Chimilar as Marty and Marissa Atalietis as Jan) gave a convincing performance as the promiscuous and tough Rizzo

Dancers strutted their stuff at Moonlight in the Tropics

atie Moore and Airyn Lancaster

Patty and Danny argue at the dance

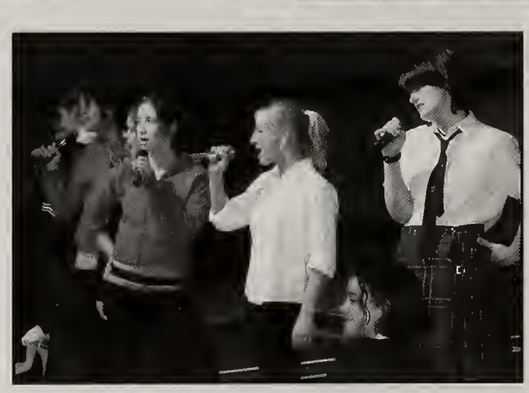


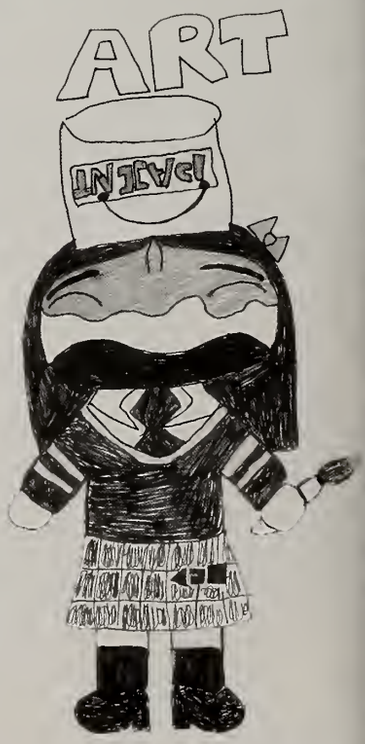
Roger mooned over Jan

# Arts Prefect

Art is in *you*. I think that's the most important thing we've learned this year: the power of art and its atypical ability to breathe life into you, to clutch onto you and to never release you. To all of you offbeat self-starters who are as obsessed with art as I am, I'm so proud of you! To all of you who never knew that you quite had it in you, keep striving and *you* will be so proud of yourself. Your art-work came alive; the choir chimed through the halls and *Grease* shook the theatre! You have definitely reached your zenith in the year of 2006, girls. You are living in art. You have each acquired your own freedom of expression. Do not lose it! It is yours forever!

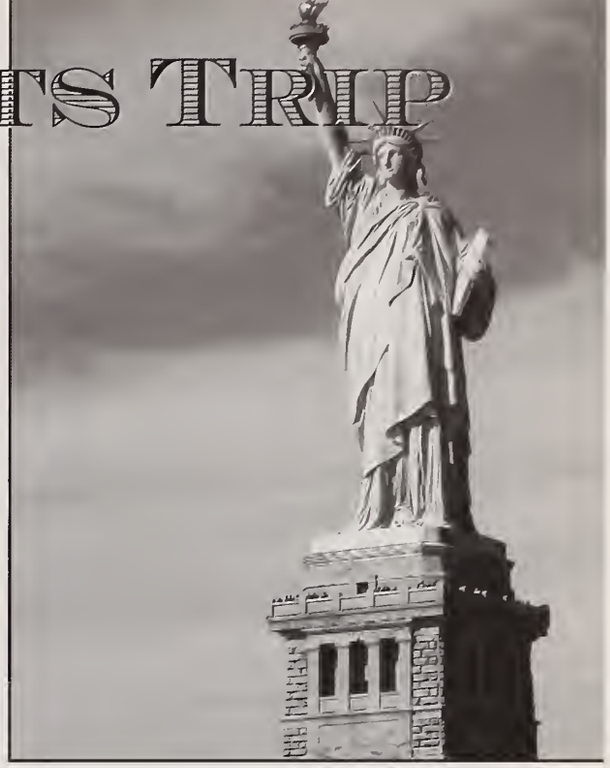
Love, Mylène Gamache






*An Artsy Critical Challenge*

# Performing Arts Trip



This trip educated us as artists and provided us with some New York City culture. The performing arts students took some dance workshops at The Broadway Dance School, ile the visual art students visited the Guggenheim Museum. Touring the city, we managed to attend three Broadway Shows: Moving Ot, Light in the Piazza, and hair Spray, all sensational productions. We went on bus sight-seeing activities, a boat cruise in the New rk harbor, and did some shopping! We also went to NBC Studio for a tour and saw the set of Saturday Night Live. We also saw ne "celebrities" at Mme. Tussaud's Wax Museum. It was a wonderful experience. By: Michelle Maryk

*e Performing Arts students had a memorable trip to New York*

*George Budoloski and Robin Dow: the fearless and talented instructors*

*Marissa Atalietis and Jamie DesJarlais lead with enthusiasm*

*Emily Fekht and Jamie DesJarlais*

*Arden Alfonso, Mylene Famache and Michelle Maryk*

# Studio Art

Sarry Klein - Famous Artist Furniture - after Andy Warhol

Katie Murray - Famous Artist Furniture - after VanGogh

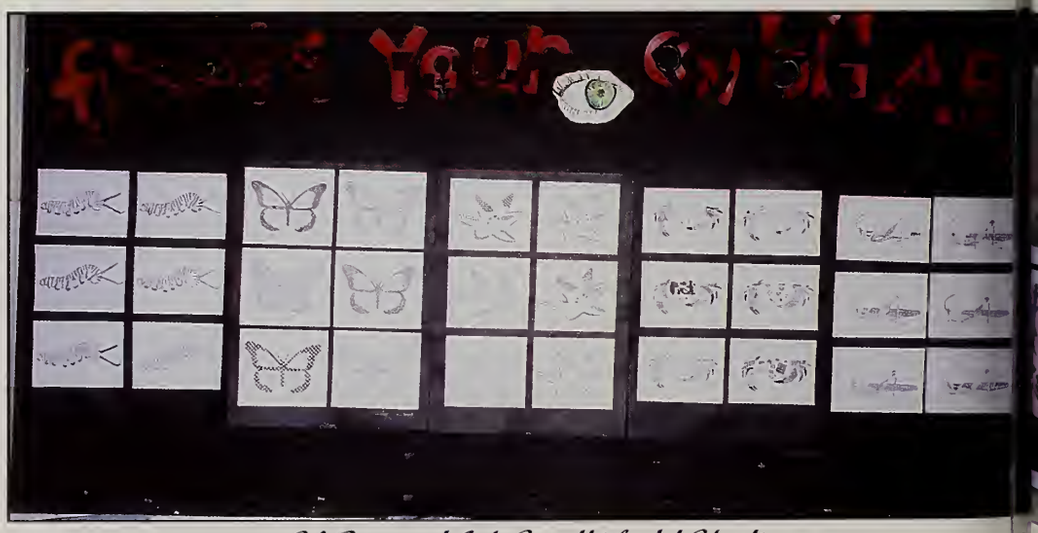
Brittany Dolynchuk - Famous Artist Furniture - Georgia O'Kee

Grade 5 Chalk study

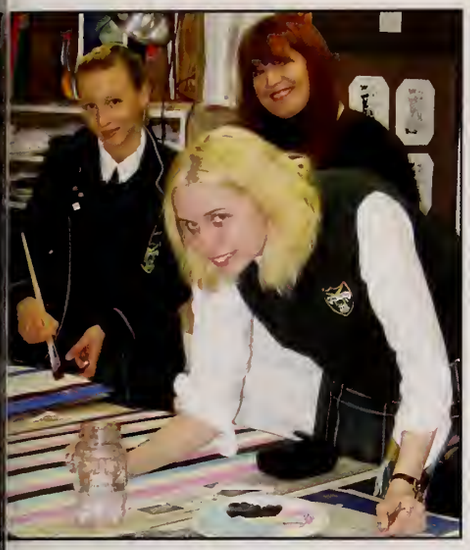
Hannah Stinson - Paul Klee meets Cave Art

Grade 8 - Canopic Jar Project

Luca Janzen - Grade 2 Cityscapes in the manner of Chagall and Kandinsky



S1 Pen and Ink Small World Studies



Anais Casselman-Green and Samantha Machado - A Bird's Eye View

Guest Artist, Catherine Cote, helped students Michelle Maryk, Katie Murray, Domenica Poucel, Karen Li and others during S3 and S4 classes

Famous Artist Furniture by Stefania Campanelli - after Roy Lichtenstien, Jihyun Joung - after Renoir and Julia Park, Karen Li and Kathleen Skinner

Grade 4 - Respecting Diversity

Grade 6 - Wacky Self-Portraits

COMPETE

A LITTLE FASTER

# Glen Gairn and Craig Gowan

So far it has been made very clear that Glen Gairn is the hottest house and I think we are the most spirited little monsters in the school! All you Glen Gairners are the coolest cats around and I hope after I leave, you all keep up our tradition of awesomeness. In my 11 years at BH, I have always been proud to be in red and you always should be too. Thanks so much to the other house heads (JAYYY , Dani and Heather) for being supportive and helpful through rough times. (But red is still better). I'm proud of all you! Keep up the wicked spirit and energy for the rest of time!! Thank you Mrs. Green you are seriously unreal. I couldn't and wouldn't have been able to get through everything without your support and motivation. Remember ladies... red is the color of a heart, and a heart is a symbol of love, and I love you.
Marissa Atalhotis

*Jaunty Morden*
*Middle School Glen Gairn House Head*
*Alex Martin*
*Middle School Craig Gowan House Head*

To my Rowdy Bird Crew! I think it's safe to say that whether we're doing killer yoga poses or playing a game of dodgeball we have proved that BIRD IS THE WORD! To each and every Craig Gowaner, I would like to say thank you for you ceaseless participation and spirit. It gives me great pride to see how everyone has taken initiative to make this year successful with their great enthusiasm and support. You have made my last year at BH unforgettable and have added Oomph to the memories every grad takes with them. Through decking out in house colors on mufti (even though yellow pants are a rarity in our closets) and causing uproar at interhouses, you have undoubtedly made Big Bird proud. I would like to give a heartfelt thank you to all of sports council, Jamie, Marissa, Danielle and Jenny who have dedicated so much to this special tradition. And last, but not least, a big thank you to Mrs. Kerr and Mrs. Christie, who this would be impossible without. My best wishes to next year's house head, although you won't need much to keep the interhouse pride alive with such an awesome bunch. Love always, Heather Sandhu

# Ballater and Braemar

"Jump a little higher." It only seems right that this year's mascot was the frog. Ballater is always up for a challenge and jumps right in. We've had a great year. Thanks to everyone who came to interhouse for their support and the many others who helped plan and make this year the best it could be. Thanks to the other house heads for leading good competition, everyone on sports council, Mrs. Green, Mrs. Christie, Mrs. Kerr, Emily (MS Ballater house head), Jenny (Sports Captain), and everyone in Ballater – Represent! You've all worked hard to make this year a success and it has been a blast to work with you. Good luck to next year's prefects.
Proud to be a frog – Danielle Guenette

*Emily Campbell*
*iddle School Ballater House Head*
*Stephanie Webster*
*iddle School Braemar House Head*

ear fellow Braemarians!
Vell, it sure has been an awesome year in blue history! We've had great house irit and amazing turn out at all the interhouses....We have managed to stay the top, not that I expected anything less of my hippos! I have to say that I d so much fun being your house head this year, your energy helped me to get to my job and make this year the best I possibly could. Just a shout out to all e other house heads, we were great together, planning events and such! You rls were unreal competition and I have had so much fun with you! Also a shout t to Jenny, the only person suited for Sports Captain in my eyes! You kept us on p of everything, made sure we got all of our work done, and brought enthusi– m and life to sports council! And lastly, all my girls in Braemar...you are what pt me wanting to win and plan crazy events. It's really been a pleasure, thank u all so much!!! Love, Jamie DesJarlais

# Sports Captain

In grade seven I came to BH not knowing what to expect, but I found out that was a place that would become a part of me and a place that I would remember forever. Now that I am in grade twelve, I see BH as not only a place to learn, bu also a place to meet great friends and teachers, and most of all laugh and have a good time! Being Sports Captain led me to think about all the sports I have playe here too and all the amazing times I had with them, which then made me think about the CRAZY AMOUNT OF TIME that I have spent in our gym! I thank all of you for sharing these memories with me and I hope that your years at BH will be as memorable.

Thank you,
Jenny Ethans

Jenny congratulated Mr. Warriner on a very competitive b unsuccessful (for the teachers) volleyball game

Jenny and Alexis Kozak at the 2003 Canadian Open

Shelby Szarko
Middle School Sports Captain

# STAFF VS STUDENTS

h rivalry between staff and students is
t more intense than any rivalry that
has with any other school in the
t The staff definitely hold nothing
a in "trying" to prove their athletic
ess and the students give them a
r for their money. Interhouse activity
lv ys attracts a crowd and is always
enging, always interesting and
lv ys FUN!

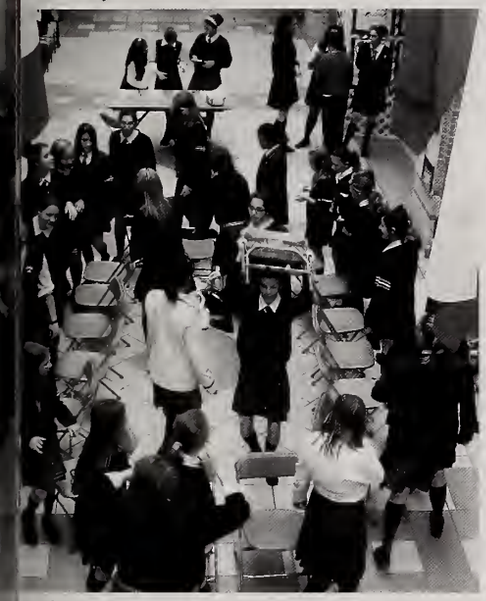
# INTERHOUSE

*Interhouse competition took on new activities this year which were exciting to watch and to participate in*

# Competition

Alex Campbell refereed the staff vs. students volleyball game

S1 girls in house colours



Musical chairs in the atrium
Yoga in the junior gym

Erica Siddall and Heather Sandhu took aim during dodgeball in the gym
House lunch was a colourful event

# Sports Collage

A C T I V E

L I V I N G

At this year's Athletic Banquet, Jenny Ethans and Shelby Szarko presented World and Olympic Champion, Jennifer Cotterill with a gift of thanks for being guest speaker

All coaches agreed that the athletes all worked very hard for their teams this year and they expressed difficulty in choosing the Most Improved Players, everyone progressed wonderfully throughout the seasons Congratulations to all MIPs and Most Valuable Players!

Junior Athlete of the Year - Shelby Szarko
Junior Varsity Athlete of the Year - Jenna Brown
Varsity Athlete of the Year - Cindy Lukianchuk
Graduating All Star Athlete - Christine Siddall

# Volleyball

## Varsity

Front Row: Domenica Poucel Garcia, Roby Zajac, Cindy Lukianchuk
Back Row: Coach John Kerr, Kimi Wong, Alexis Kozak, Christine Siddall, Kaytlin Drews, Jennifer Ethans, Kate Langrell, Robin Jacuzzi, Sarah Rybczuk

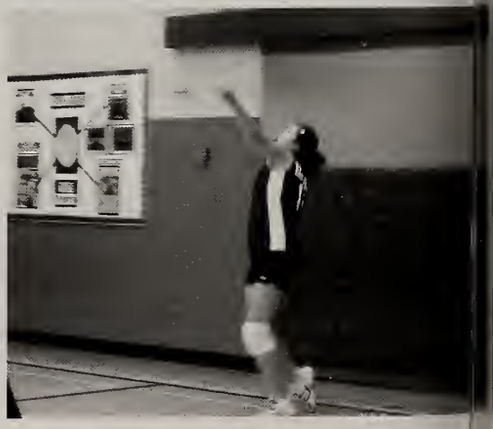
Most Improved Player:
Domenica Poucel Garcia
Most Valuable Players:
Robin Jacuzzi and Sarah Rybczuk

## Junior Varsity

Front Row: Jenna Brown, Olivia Zaporzan, Stephanie Lawson
Middle Row: Alex Campbell, Ericka Rankin-Friesen, Talia Joundi, Sarah Scott
Back Row: Erica Siddall, Lauren Smerchanski, Shawna Olson, Michelle McFadden

Missing: Guille Morelos

Most Improved Player: Sarah Scott
Most Valuable Player: Talia Joundi



# Junior Competitive

Front Row: Shelby Szarko, Hanna Johnson, Toria Rankin-Friesen, Madison Stewart, Alex Martin
Back Row: Jacklyn Prendiville, Maria Beltran, Renata de Alba, Sean King, Allison Love, Emily Campbell, Christine Harris, Coach Judy Christie, Robyn Zajac, Kate Langrell

Most Improved Player: Madison Stewart and Sean King
Most Valuable Player: Toria Rankin-Friesen

# Developmental

Front Row: Layla Freig, Brittany Simmons, Sydney Jones, Shannon Sifert
Middle Row: Emily Kesselman, Katrina Barkwell, Breanne Fredette, Elizabeth Pappas, Carmen Provinciano
Back Row: Lauren Lischka, Hannah Darrach-Cottick, Kelsey Lacombe, Brittany Reid, Simran Singh, Kaitlin Robinson, Katie Eva, Caroline Steele
Coaches: Mrs. K Darrach Cottick and Mr. D Lacombe

Most Improved Players: Simran Singh and Lauren Lischka
Most Valuable Players: Hannah Darrach-Cottick and Kelsey Lacombe

# Developmental

Front Row: Juliana Lowen, Courtney Parada Leitao, Patricia Thomson, Isabelle Anderson-Gregoire, Elizabeth White, Natasha Cobb
Middle Row: Coach Lee Alstrom, Cecilia Wanman, Alex DePape, Hannah Scott, Gabriella Balog, Danica Avery, Coach Michelle Leim
Back Row: McKenzie Trann, Kate Bouchard, Bridgette Bicknell, Paige Nuttall, Madison Maidment, Stephanie Enns

Most Improved Players: Stephanie Enns and Alex DePape
Most Valuable Players: Mackenzie Trann and Natasha Cobb

# Basketball

## Junior Varsity

Front Row: Kayla Fernandes, Anna Simon, Christie Brantton, Ksenia Ogolikhina, Lea Anderson-Gregoire
Middle Row: Shawna Olson, Roxanne Ilagan, Saira Abdulrehman, Caitlyn Brock, Shereen Samini
Back Row: Coach Judith Aronovitch, Shanleigh Thomson
Missing: Coach Jim Pigden

Most Improved Player: Shanleigh Thomson
Most Valuable Player: Roxanne Ilagan

## Junior Competitive

Front Row: Miranda Thorne, Madison Stewart, Ximena del Cerro Lopez, Maria Beltran, Natasha Copp
Back Row: Celeste Main, Mariana Chacon, Rebecca Kremer, Ana Guzman, Jessica Liu, Coach Ketri Wilkes

Most Improved Players: Shelby Szarko and Jessica Liu
Most Valuable Players: Natasha Cobb and Ana Guzman

# Developmental Teams

## Team 1

Front Row: Lauren Lischka, Patricia Thomson, Jack Wannan, Brittany Simmons, Alex Jessiman
Back Row: Paige Nuttall, Robyn Brar, Cecilia Vannan, Paola Arroyo, Simran Singh
Coach Larry Wannan

Most Improved Player: Alex Jessiman
Most Valuable Player: Brittany Simmons

## Team 2

Front Row: Coach Stevan Leipsec, Courtney Parada Leitao, Suji Kang, Katrina Barkwell
Back Row: Haley Koehn, Juliana Loewen Almu Perez, Shannon Sifert, Brittany Reid

Missing: Amanda Stegmaier

Most Improved Player: Haley Koehn
Most Valuable Player: Shannon Sifert

# Soccer / Golf

## Varsity

Front Row: Stephanie Lawson, Jenna Brown, Erica Scharfstein
Middle Row: Fernanda Gomez Correa, Ale Campbell, Olivia Zaporzan, Catherine Simo Anna Simons, Sarry Klein
Back Row: Jamie DesJarlais, Asst. Coac Cheryl Woodward, Michelle McFadden, Coa Jock Warriner, Domenica Poucel Garcia, Danielle Guenette, Kate Langrell, Shanlei Thomson, Airyn Lancaster, Lisa Gregory Talia Glodjo, Talia Joundi, Robbie Warrine
Missing: Christine Siddall

Most Improved Player: Sarry Klein
Most Valuable Players: Christine Siddal Domenica Poucel Garcia and Catherine Simons

## Senior Golf Team

Sarah Scott and Ashley Fredette competed in the Zone 1 2 Golf Tournament at Tuxedo Golf Course. Although they were not eligible to win the the tournament because they did not enter with a foursome, their scores exceeded the scores of all the teams in the tournament.

# Ice Sports

## Developmental Hockey

Front Row: Stephanie Lawson, Jenna Brown, Kaytlin Drews, Lisa Gregory
Back Row: Cindy Lukianchuk, Fernada Gomez Urrea, Hannah Korsunsky, Erika Mitchell, Eva Scharfstein, Jamie Holt, Jill Penman, Brittany Siemens, Natasha Zloty, Lea Anderson-Gregoire
Missing: Coaches Andrea Keating, Kim Houde, Lauren MacMillan, Jared Cook

Most Improved Players:
Jenna Brown and Stephanie Lawson

## Curling

### Rink 1

Melanie Riggs (of Rink 2), Kathryn Marcynuk, Cindy Lukianchuk, Katie Moore, Airyn Lancaster, Valerie Beynon

### Rink 2

Talia Glodjo, Miranda Thorne, Grace Boyd, Victoria Schaeffer, Sarah Scott

Missing:
Coaches Terry Fulton and Garry DeBlonde
Both teams played in the Zone playoffs at the Victoria Curling Club. Rink 1 won the consolation event

# Badminton

## Senior School

Front Row: Valerie Beynon, Jenna Brow
Stephanie Lawson, Anna Simons,
Robyn Zajac
Back Row: Catherine Simons, Kimi Wong
Sena Lam, Talia Glodjo, Coach John Ker

## Middle School

Front Row: Paige Danowski, Lauren Liechka,
Layla Freig
Back Row: Shelby Szarko, Allison Love,
Hannah Darrach-Cottick, Jennifer Horch,
Danica Avery, Coach Judy Christie

# Dragon Boat

Front Row: KK Ho, Anna Simons, Julie Clark, Jennifer Ethans, Katie Murray
ack Row: Kelcey Vossen, Stefania Campanelli, Laura Murdoch, ill Penman, Sarah Rybczuk, Robyn Zajac, Brittany Siemens
Missing: Arden Alfonso, Kathleen Skinner, Catherine Simons, Lexie Dickson, Julie Klein, Sarry Klein, Jamie DesJarlais, Chelsa Jordan, Maddie Stefanik, Saira Abdulrehman, Sameera Abdulrehman, Heather Sandhu

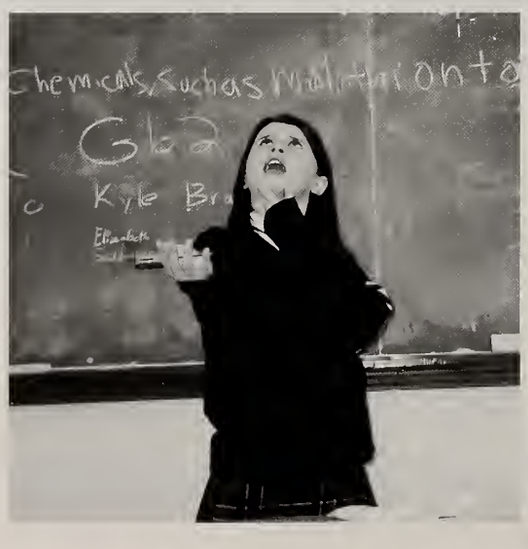
Coach Mandy Green, Coach Heather Welch

# Middle School Track and Field

Front Row: McKenzie Trann, Cecilia Wanman, Gabriella Balog, Paige Nuttall, Sydney Jones, Marikka Lee
Second Row: Emily Kesselman, Robyn Brar, Courtney Parada Leitao, Lauren Lischka, Chloe Kjernisted, Amanda Stegmaier
Third Row: Colleen Furlan, Danica Avery, Haley Koehn, Erika Ullrich, Kelsey Watchman
Back Row: Kelsey Lacombe, Celeste Main, Miranda Thorne, Emily Campbell, Shelby Szarko, Sean King, Jacklyn Prendiville, Madison Stewart, Alex Martin, Erica Prefontaine Dean, Alyssa Ambrosie

# Senior School Track and Field

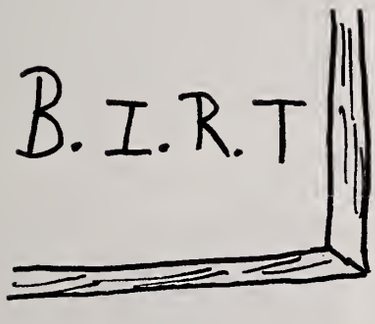
ottom Row: Leanne Glass ,Victoria Schaeffer,Anna Simons, Christie Branton, K.K. Ho, Jenny Ethans, Robyn Zajac
p Row: Talia Joundi, Talia Glodjo, Valerie Benyon, Erika Rankin-Fresen, Sena Lam, Kayla Fernandes
Coach Christine Kerr
Missing: Charissa MacLeod, Kaytlin Drews, Cindy Lukianchuk,



SPEAK

A LITTLE

LOUDER



# Alumnae Prefect

*Shirley Dong*
*Alumnae Prefect*

Wow, I can't believe how fast this year has been! It was unbelievable for me and I hope it was the same for you! At about the same time last year, I was lucky enou to become your Alumnae Prefect of 2005–2006. It was a great pleasure to wo with Mrs. Alto, Mrs. Delaquis and Ms. Lechman on events such as theReal University Deal, the Alumnae Assembly and celebrations for the '56s, '66s, '76s and '86s reunions. The advantage of being the Alumnae Prefect is that even though w are graduating, my duty is far from over yet. It is carrying on the connections between my class and the school. It is about connecting the past, present and the future. Again, I want to say thank you for giving me this opportunity to be your Alumnae Prefect this year and I really enjoyed my work. Let's keep in touch!

*Shirley and Catherine Simons welcomed everyone to the Alumnae Assembly in April*

*Alumnae from as far back as 195 joined BH in presenting the S4s w their alumnae key chain*

*In a ball visit to Winnipeg, Elsbeth (Young) Nickerson '46 looks at wall photos in the archives*
*Below with her daughter, Cathy (Young) Montrose '53 and Judy (Patton) Hall '53, the ladies look through other memorabilia*

*After the assembly, the ladies had lunch in Aikins House reminisced an looked through memories in the Archives*

# Alumnae Return Home

*December 22, BH hosted Home for the Holidays in Aikins House. This event is held annually when young alums e typically home to visit family and friends for the holiday season. This year, we had a record attendance, with mnae from 1995 – 2005 gathering for wine, sushi and a lot of reminiscing. Thank you to everyone for joining us!*

*Recent graduates returned to give helpful hints to the current S4 students about university life*

# Student Affairs

Wow, this past year has flown by and the debating world at BH has lots to be proud of! Firstly, Rupert's Land was an enormous success. We also had students compete at Internationals, National Debating, National Public Speaking, the Aspe Cup, Westerns, Douglas Campbell and Worlds just to name a few. A feat that is most impressive. I am so proud of how far you've all come. The teacher debate and our time in class were both filled with laughter and friendship. Mama G, I know that I could not have got through the year without you, thanks for being so nurturing and caring. Mr. Warriner and Mrs. Green, thanks for all of your help, support, patience and guidance. To the rest of the prefects, we've made memories we'll never forget and friends that will last a lifetime. To the students, make every moment count and never give up on your dreams. Peace and Love, Kiran Dhillon

# Public Relations

Who knew that six years could go by so fast? I remember the exact moment I decided to write my name beside the Public Relations title on Ms. Welch's "potenti prefect sheet. I honestly expected that fulfilling these ideas I had envisioned for this year would not only be possible but easy. I have to say that I was completely wro But although fulfilling my prefect duties was a lot of work on top of keeping up with school work and worrying about universities, all together making my Grade 12 year the most stressful one, it also was the most worthwhile cause I could ha signed myself up for. Although, establishing the position of the Public Relations prefect was a difficult task, it was nonetheless successful and there is room for mo Public Relations prefects for years to come. Unfortunately, the school paper did no happen this year, but I have no doubt that future Public Relations prefects, be it next year or years to come, will be successful in this endeavour. But for all of our failed attempts this year, I couldn't be prouder and happier in the way this year h turned out for the prefects. For all you future prefects, just remember, "Leaders aren't born, they are made." And they are made just like anything else, through ha work. All the best for next year! Sameera Abdulrehman

Patricia Thomson, Ms. Smith, Miranda Thorne and Mrs. Greenhill celebrate after a debate well done

Kathryn Marcynuk and Kiran Dhillon enjoy the view from a cafe on Crescent Street in Montreal

# Community Service

*Alexis Kozak*
*Community Service Prefect*

I enjoyed being the Community Service prefect this year. I was fortunate enough to have attended the Manitoba A.L.I.V.E. (A Leadership Initiative in Volunteer Efforts) Conference in September. here I met many other youth who were heavily involved in their schools and communities. Our annual Girls for the Cure walk was very successful. It was wonderful to see parents and students working together for a great cause. The Day of Giving was also a successful event. On this day students volunteered their time at various locations around the city. At school we hosted a Christmas party for the students from Mulvey School. This was a fantastic opportunity for us to meet and spend time with members of our community. We collected tin can tabs for a boy named Peter who has cerebral palsy. Thanks to everyone who brought in tabs, Peter is now able to have a specialized sports wheelchair. I'd like to thank the prefects and Mrs. Green for an awesome year! I loved being on student council with such amazing people like you!

*Alexis attended the Manitoba Alive Conference which gathered MB students who are active participants and good role models in community service activities*

*Keynote speaker, Brian King, used inspirational anecdotes to give the participants ideas about keeping active, motivating others and setting good examples*

*BH volunteered en mass by hosting the Manitoba Volleyball Divisional Championship Tournament*

*Our annual Girls for the Cure walk contributes greatly to cancer research*

*BH welcomes in Mulvey students for a holiday party, visits patients at Misericordia Hospital and delivers hampers of holiday cheer*

# Youth In Philanthropy

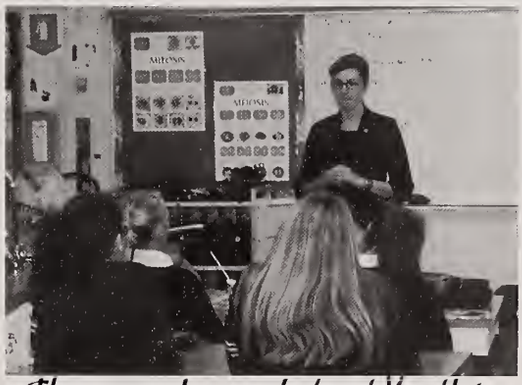
T s year's Youth in Philanthropy committee consisted of thirty keen students. We b an by discussing our values and determined what our focuses were for the year. V: had four committees whose areas of interest were in health care, animal abuse, i er city, and women and children. Each committee was responsible for looking into c ritable organizations in our city whose motives corresponded to their values. Once t charities were chosen we made arrangements to visit them and find out exactly v at they were about. We learned about the importance of good, clear communica- t while scheduling our site visits. After learning about the organizations, each c mittee presented their opinion and we decided which organizations would receive a rant. Some charities did not receive any grants because students felt that it was a ady well-funded, while others received the maximum grant allowable. We were s ctive as to which organizations would get what amount of funding. We learned h v to effectively voice our opinions and work together. YiP allowed us to learn a ut non-profit organizations and about our influence as youth in Winnipeg. I v uld like to thank each and every member for their individual contribution to our c mittee! A special thank you to Mrs. Shyka who kept us organized and enthusi- a ic from beginning to end! Together we did a great job!

A xis Kozak

Y P Student Chairperson

Teacher Adviser: Connie Shyka
Saira Abdulrehman
Sameera Abdulrehman
Caitlin Brock
Jo Eun Choi
Kiran Dhillon
Lisa Gregory
Danielle Guenette
Sol Ji Han
K. K. Ho
Eo-Jin Hwang
Robin Jacuzzi
Talia Jeundi
Julie Klein
Krupa Kotecha
Alexis Kozak
Poonam Mahay
Michelle Maryk
Claudia Muller-Moran
Shawna Olson
Jill Penman
Heather Sandhu
Ai Shibata
Christine Siddall
Anna Simons
Catherine Simons
Madelaine Stefanik
Kelcey Vossen
Leah Werier
Min Hee Yoo

The Yippers worked together to determine the allocation of funds



The group learned about Youth in Philanthropy at a presentation by the Winnipeg Foundation

Michelle Maryk, Alexis Kozak and Christine Siddall prepared for the yearend YiP Olympics

# Reach For The Top

## Senior Reach

*Katie Moore, Kathryn Marcynuk, Roxanne Ilagan, Airyn Lancaster, Kate Langrell Missing: Emilie Anderson-Gregoire, K.K. Ho Coaches: Beth Goldberg and Terry Fulton*

100 point open questions:

1. What name did actor Joaquin Pheonix adopt in order to match the names of his siblings, River and Rainbow?

2. Which well-known personality is the singer of "The Hockey Song"?

3. From which Ontario city do the "Tragically Hip" hail?

4. What European island country occupies 1/1000th of the Earth's surface but contains 1/100th of its population?

5. Is a pergola a sea creature, an arch, a cell type or a temple?

6. What animal is the central character for the popular children's show "Zaboomafoo"?

7. What is rapper Eminem's real first name?

8. On what article of clothing would you find an aglet?

9. Name the city in which Mozart was born.

10. What term do we give to stars that group together as a single unit, such as Cassiopeia, Draco and Ursa Major?

## Intermediate Reach

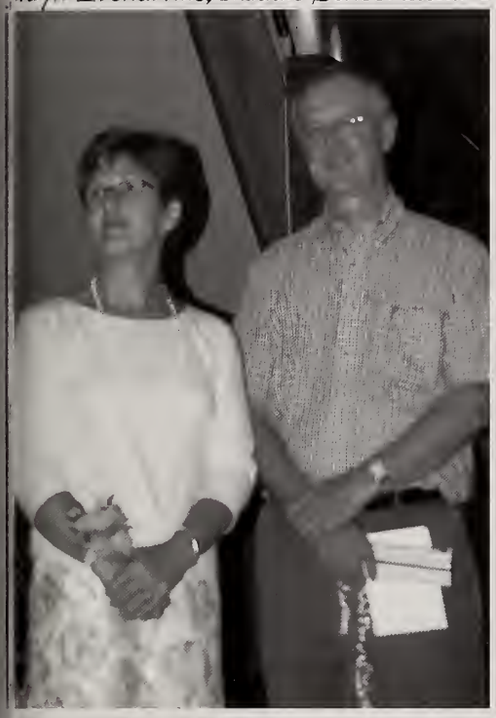
*Front Row: Shawna Olson, Roxanne Ilagan, Talia Hodjo, Sarah Scott Back Row: Shanleigh Thomson, Saira Abduhlrehman, Caitlyn Brod, Megan Alexander Coaches: Jennifer McDonald and Garry DeBlonde*

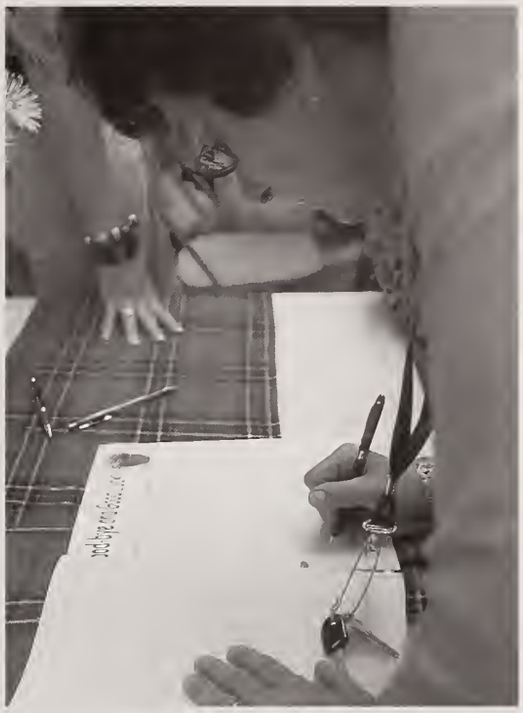
1. Leaf Phoenix 2. Stompin' Tom Connors 3. Kingston, ON 4. Great Brittain 5. an arch 6. a lemur 7. Marshall 8. shoelaces 9. Salzburg 10. constellations

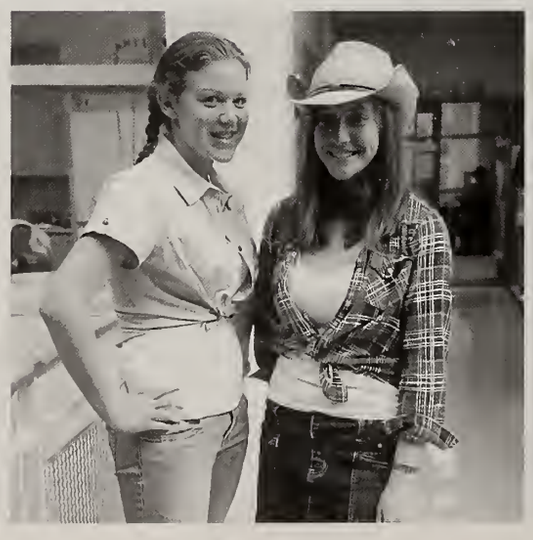
# We'll Miss You!

ere are not enough loving words in the dictionary to express my gratitude towards you, though I'll try. You have been there your students in the good as well as the bad, yet there always seems to be a wonderful result in the end. You have made ry student that you taught feel welcomed and cared for. I can't seem to remember a time when you weren't helping a dent fix their problem, smiling, teaching us a sport, or working with the MS Council. Everyone at Balmoral Hall wishes you k in the future, and wants you to know that there is going to be a little piece of you with us. We wish you the best!

klyn Prendiville, Middle School Head Girl







# Grad 2006

GO A LITTLE FARTHER

## Sameera Abdulrehman

Slowine, It's been a fun, yet sometimes frightening experience watching you grow from a thick eye-browed punk rocker to a mature, intelligent, caring and witty fashion icon. What would our brown nights be without our scar-of-bugs, never-getting-in-trouble, Herbal Essences hair model, gossip queen? We can honestly say that the CC and Dames would be incomplete without your "melodramatic" stories and addictive, very masculine voice. How can we thank you for the unquestionable loyalty that made you the pillar we turn to for support? With your genuine and passionate personality, have no doubt that you'll be a woman that girls look up to: whether you're at the frontline of a protest, writing a bestseller or working at an orphanage. It's impossible to express how much we adm you, you're not just our best friend, you're our sister. Heather & Kiran

## Arden Alfonso

Arden, we have grown so close it's ridiculous. You are an amazing person and we have to keep in touch forever since we are pretty much the same inside (iss) we have laughed so much, and cried so much, and we will never forget our jokes even though we're we've already forgotten half of them. CYPRUS. UN ARMY synthia lynn, tan36 - 2x = pool balls. Beans beans the magic beans. Weekends with the captain. Intimate English class. MUSICAL!! DAAAA bears. Hlwanda. Art class. I'm gonna beat the GOLDFISH I've got the golden ticket! Toronto.. N York. Smells like BIGFOOTS . Fishies, little baby chickens.. Dancing on the table getting. The bathroom of the empire social. Shalini's hair out the window. We'll always think of you wherever are. We love you.- dino, simon, and antonio bandaras.

## Marissa Ataliotis

If you just, or if I write first, or if we just switch or Arden, no Jamie, I can't, just grab it, y'll write and I'll just, and I... YO MAN!!! CYPRUS '06. Jon-office beans, to do list, for re? Mrs. Berry! Bonshakalaka. I don't get it GREASE, Hooopla, mother kowalec, poopsies, so pretty. Something smells like BIGFOOT, little fishy (the syke masta), good idea mein! what if yo name was TORI?... Anyways, you are pretty much the best friend any of us could have, no caring what anyone thinks, and always there for her girls. We have spent every waking mome together since grade 10, we love you All the good times we had will never be forgotten, of course those sleepovers but... WE PROMISED WE'D NEVER TALK ABOUT THA!

## So Eun Choi

I remember when I met you for the first time. You were so shy and I too. However, now we became so close that we can talk about our secret. I always said you are annoying but I will miss you when we are in different universities. Love you! -MinHee Y

I'm so happy that we became good friends our last year in BH. Even going to washroom together is my good memory! We did many projects together and I was so impressed how hard worker you are, and how much I wished to be like you!! We are going to different universities, but I will always wish you good luck!!! -AiS

As we always fight, we could have such a special bond between you and me!! I'll miss your hard work, your cynical jokes, and your everything. I love you forever!! -AyakaK

## Jamie Desjarlais

Jamie is the coolest person in the world and everybody loves her. You are the best friend anybody could ask for. We love you more than you could ever know!! There's so much to write you have been by our side through everything since the flick of the wrist. We've all grown so close, almost TOO close, definitely too close, but i like it. haha. We don't know what we are gonna do without you next year (probably not do homework, hang around at macs all alone and more lost than ever in ballet, sleep alone on weekend nights, take pictures of animals at the zoo outside the cage, kill bugs ourselves. There will be a part of us missing. YOU COMPLETE ME. smile for me daddy we'll miss you as much as you love rockets and bubble tape. that's alot. LOVE YOU! YOUR MY FAVORITE! BOOMSHAKALAKALAKA

## Kiran Dhillon

Lil Shorty, aka Lil Gandhi. You once said people joke at your expense because you're very laid back. We think it's because of your ability to laugh at all those times we pulled your kilt down in front of Mr. Ratzlaff or added 20 lbs to your backpack with physics weights. You'll be remembered as our hero for aggravating the teachers with your shoes, brownnosing, never-ending questions, and excuses for being late. Even with your hectic schedule with Cadets, debating, and Celebrity Stalking, you always made the time to be a friend, being able to understand our feelings and being the comfort we turn to in hard times. Your nurturing personality is responsible for bringing us all together. We have confidence in your compassionate nature to keep us together for all the future graduations and weddings that may come our way. Love Always H-Dawg and Slowme.

## Brittany Dolynchuk

Britt has always been the loud and vivacious individual that is never overlooked. Her hunger for life and her charismatic character are what make her the phenomenal person and friend that she is. Britt has attended BH for 10 years and over that period of time she has created many memories, good times, and countless friendships. We've been through thick and thin together and she is always there for her friends. From joyous times of golf-carting, pool parties, to cabin parties, to sleepless nights, and boy troubles- Britt will be there! She is sincerely the most well-intentioned girl and devoted friend. I know wherever we end up in life; we will always keep in touch because she has always been there for me. We have too many wonderful memories to just let them evaporate, that's how I know we'll continue to create good memories. Michelle

## Jun Dong

You are such a nice, good, helpful, thoughtful and mature girl. Thank you for taking care of me and helping me solve a lot of problems. I hope you have fun in University! Karen Li

Sorry for bothering you at night because I'm afraid of the dark. You're such a caring person. I can't imagine how I will survive during the night without you as a neighbour. Tel

Thanks for the great two years you gave me, this was the best time of my life. Hope you get whatever you want, the dreams, the future, the love, the health, every and any. Kiki

It has been 2 years since we came. It's great to have you by my side. We always go to Economics together and the two slow-typists often divide up the slides to take notes. We share a lot of moments together and I'll always remember you. Thanks for everything! Landy Tang

## Jennifer Ethans

I'm wondering how I'm supposed to capture the essence of our friendship within this little box! I'm so fortunate to have met someone like you who has as much vivacity, passion, creativity, intelligence, ambition, eccentricity an beauty as you, because sincerely Jen, making your acquaintance will always my most treasured memory of BH. Jen, your support within the last 4 years, has been so meaningful to me. You were the first one at BH whose face, I can happily proclaim, could imp me with warmth and familiarity within walls of a building that was completely foreign to me. believe in you and am well aware that you have the ability to do whatever you set your mind t In a few short years, you will be in Africa, fighting for the righteous protection of animals as proclaimed zoologist. I will always be proud of you Jen. I love you! Mylene

## Mylene Gamache

MUMU! I can't believe that we are in grade 12. It seems like only yesterday that we met in Bio and I liked your eyes when they were dos We started talking and then, right off the bat like a freak, I asked you ou We had so much fun dancing to music, drinking coffee, "being free", and learning just how crazy we both were. For the rest of the year we were inseparable and we grew o be the best of friends. Then in grade 10, 11, and now 12 we are still soul mates and you don't know how much your friendship has meant to me. You have always been there for me to t to, to take care of me, and most of all to laugh (to cure our diseases). I wish you an amazing future (with me) and hope you find Jude soon. Love Jenny (Maurius/Akasha)

## Emily Gekht

To Em, my fav poo! From eating leechee nuts to trying on the worst, funniest grad dresses possible. To rapids, to Inuit eyes, to spooning, and laughing. To creepy 'hair pieces', to creepin', to being creeped on by old men, skipping for old men! This is to dressing in crazy costumes from my cea closet, to dressing you. To skinny dipping in your pool/my lake/camp. To being funny/scary/sca to forcing me to watch scary movies that make me cry, to making me cry, to making the blotchin disappear, to helping you in a state that seems humanly impossible, but laughing hysterically at th same time. To road trips, to teaching you how to snowboard, then sending you down without act ally teaching you. To you being the greatest best friend. To no matter what my hat says, we will be papaloma's for ever. And to everything else that lies ahead! Love always, your fav poo. Sarry N

## Lisa Gregory

I can't believe we are finally graduating! Having a friend like you h made my years at BH unforgettable. We met six years ago but seems as though we've been friends forever. I absolutely love laughing w you! We've had so much fun together I can hardly imagine what it w be like not seeing you everyday at school. You are the type of person w always knows what to say; I can count on you for great advice or a good joke. Whether it surviving AP classes, going out for sushi, cruising, turning scary movies into comedies, running r in the freezing cold, site seeing in Italy or checkin' out volleyball hotties at camp. I'll cherish ev memory! Thank you for being such an amazing friend! You are a smart, beautiful and talent person and I wish you all the best! Love, Alexis

## Danielle Guenette

We're graduates! I can't believe how time has just flown by. I loved getting to know you and I'll miss your sense of humor. I'll never forget our time in France! Watching you tuck Sameera into bed and having you wake me up simply by saying "good morning, sunshine!" are memories that I'll never forget. It's too bad things didn't work out but I'm sure one day you'll find the tech guy of your dreams who you will not be able to 'control alt delete' your feelings for! You've been such a great friend to me and I'm so thankful. Our days at BH have come to an end and we are now at a turning point in our lives. I know that you will be successful wherever life takes you. Good luck Dani! Love, Alexis

## Sol Ji Han

I spent three years with you. You were my best friend and I hope I was your best friend too. Good luck in university! Min Hee

Steph, we did so many things together, and they will be my sweet memories in my life. You are the one who listened to me and cried with me all the time. You taught me really important things as we became friends. I feel like you are my older sister now! I know we will meet and talk like when we were in BH again, so I won't say byebye, but I will just wish you good luck! Ai

I can't believe that we'll be separated. We were always silly, I loved that. I love your smiling and everything you do. You always give me advice about LOVE... After you go to Toronto, I will still need your advice! So, just keep in touch! Ok? I love YOU!!! Ayaka

## Eo-Jin Hwang

I'm so happy that I can graduate from BH with you. You came back this year and my last year in BH became much more fun! You are always smart and calm, believe it or not, you are my role model! I will remember our physics, drama, pencils and everything we did together! Jinny, what am I going to do without you in university? I'm sure our friendship won't end, so I won't say bye, instead see you later and I'll miss you tons. You're the one who I have known for the longest. I remember when you were only 15 years old, the girl just came from Australia! Since then, you were so nice to me and helped me with so many things. You are the smartest and nicest that I've ever known! Remember our promise that you will take care of Min Hee and me if we failed in our business? I love you so much and good luck in Montreal!!

## Sarry Klein

Sarry Nell, where do I begin? I will always remember... summers at camp, sisterhood, whale watching, Inuit, rapids, the lake, "ski trip 05", steam showers, kratzing, bathtub times, Chanukah sing-a-longs, spooning, you clearing out my fridge, our unforgettable sleepovers. I will never forget the times we've shared together. You are the funniest, smartest, papillonnest, most spontaneous and unbelievable person I have ever known, you are more than a friend to me, you are the sister I never had. You have always been there for me. I want you to know I will always be there for you no matter what. I'll miss you more than you can ever imagine next year. I LOVE YOU SOMUCH Congratulations!

BFFAEAEAE xoxoxoxoxoxo

- Your Fave Poo, Em

## Ayaka Kosaka

You always laughed, you always cried, and you always sang. I still remem ber when we met the first time. Even though we live close in Japan, probabl we would never meet. It's a miracle we came to BH at the same time in t same grade? Three years have passed and now we are going on different ways. I won't forget you cheered my dream, and I will always cheer you up in my heart!-Ai. You are the funniest Japanese I have ever met. I'll never forget you and I believe that you'll be whatever you want to be. Good luck! GoEun.

When we met in gr.10 we were like best friends. We did everything together and you were so funny and friendly. I loved your crazy plans sometimes and we got into many trouble together. I will miss you when we graduate. I love you!-Sol Ji.

## Alexis Kozak

Time has gone by so fast, it seems like yesterday when you were a new gi and I only knew you as "Kathryn's cousin". Thankfully we have shared many great times since then. From driving in the Civic to trying to find positions to sleep in on the plane to Frankfurt, our times together have always been amazing and never without laughs. Never forget the times with mtap, Mylene's elmo, th British elmo, tests on wednesday, meiji sushi, run for the cure, dance revolution, macon bacon, how to deal, gary deal, and our good friend jojo. You have the best sense of humour and always know how t say the right thing at the right time (although you may not know when to punch at the right time). Thank you for being such an incredible friend. Good luck in the future, remember that your lips are not red. I know that we will have many memories to come! Lisa

## Xing Li

I am going to visit you when I have the chance so you better wait for me!! hope you will find your husband soon and get married before anyone else. Remember to invite me to your wedding. From Tel..... It's been great know you! We had good times together! Sometimes I just hope we would never gr up. Wish you the best in Winter-peg in the coming year! Shirley..... It was my great pleasure to your good friend this year, the time we shared together was delightful. Hope you'll find your way busness and family. I wish you'll find a lover that loves you and you love him too. Kiki..... I th we know each other well enough that you might know what I'll say to you. We arrived the latest residence and became friends ever since then. I know that I sometimes make you mad but we are s best friends and I am very grateful about that. I'll visit you. Landy

## Poonam Mahay

P to the Nam where can I even start to reminisce about all of the tart to-tell moments we've had over the years. Back to the Goldmember days, where I almost lost you, but thankfully I returned and we began our troublesome adventures. Our side comments about the world are what kee me going, and help me wake up, well at some point in the day! So we've officially morph into one person, who else is going to wallow away with me in the morning when the bombs start drop and I don't know where I am, but then again what am I saying, this is only the beginnin keep your back door unlocked, fool !

Love your brother from another mother, Tat

## Michelle Maryk

Michelly!!! You're one person I'm definitely going to feel lost without. We've made some memories that when I look back on, will make me smile, laugh, and realize how retarded we were back in the day. Memories such as the pigeon coop, golf carting, Judy Garland, getting abducted, 4 AM visits, your 18th birthday, Sammi's birthday at my cabin, and of course surprise picnics and blading at KP. I will always consider you as one of my best friends. Strong, independent, insightful, smart, dedicated, loyal, hilarious, and beautiful in every way; I will miss spending time with you. I know you will be successful and happy in whatever you choose. Instead of saying goodbye, I will say see you soon, as we both venture off on different paths. I couldn't have chosen a better friend than you. Good luck and best wishes, love always and forever, Brit. Miwa!

## Julia Monk

I am lucky to say that I am friends with such an awesome person. It seems like it has been long since then, a year and a bit since you joined us all the way from England. I will always remember art class in the backroom spending more time giggling than painting, and math class full of jokes from everyone (including the teacher)... occasionally at your expense. Katie

## Katie Murray

Marco my love and flamboyant friend, we go way back, and I mean way back! I thank you for bringing me into your life as sporty spice, although I did leave with quite the tum tum pains, ugh can you say assorted jellybeans! We are the c-wood sisters and we have made our names known, and them being the same gives it some kick as well! We've done every random thing you could imagine, whether it be running free through the back fields, or log fight smack downs, or our various role play games. Who could forget our out of control obsessions (Smog-RFR, Craig-Degrassi, the crow-D Mabes, Jacob-HEDLEY!) We are bound to the boiler room for life, and together there we will stay!! I LOVE YOU AND NOT AFRAID TO SHOW IT (let's not go back to the moment on the stairs; you know what I'm talking about!!) Love Tat

## Tatiana Murray

Time to come forth from the boiler room and rise to your destiny. You certainly changed a lot from the quiet little new girl who had the same last name as me, to the loud, outgoing girl who still has the same last name as me. Cheers and best wishes to a girl who's been friends not only for me but for everyone she met and infected with her spunky personality. Your bestest pal: Katie

I can't believe we are finally leaving the jail cell alive with all the debacles we've been through and all the sleeping bears we poked together. From our first encounters together in physics to the end of this year I feel that you are one person that I have truly bonded with. Like we always say... we are the same person but I'll finally admit that you are the better half. I know you'll succeed in whatever you do even though apart we are quite incapable. Good luck. Love Dave N. Poonam

## Doménica Poucel Garcia

Querida Dome, ¡Hóla! my bestest amiga! We have shared so many fun times, whether it be cruisi endlessly through the Peg, with our hair in the wind, head bopping to mad tunes, or dancing it up hitting the clubs, we have many crazy memories together! Mind you, you have made me into the Spanish master! I'm going to miss you so much when you leave, but just know we are still plannin on driving down to Mexico, so leave your doors unlocked! Good luck next year, I know whatev you choose to do you will be successful!! I'm taking a part of you and keeping it here, so you ha no choice but to come back! Te quiero mucho xoxoxoxo Tatiana

## Melanie Riggs

Melman, can you believe it? You're graduating already! And you've got t nerve to leave me with two more years of school. There have been so man things we've done and said; the Dukes of Hazzard sleepovers, GFT the fr working at the front desk, the time spent planning the Jamboree, writing F as a Cannonball, Dixie sunburned on your arm, and our trek out to the sand cliffs involving rather large bug. There are so many memories and not enough space to put all of them. Of cou I must mention some of the quotes which we'll never forget. "Good Morning, Balmoral Hall Sk "It's not an elevator, it's a door!" and "Do you think the school has considered the legal ramificati if a student disintegrated during an exam?" I'm going to wish you all the luck in the world an I'm really going to miss you next year -Grace

## Heather Sandhu

Hdawg, Who can forget Puckerdeep, the Cranium Star, Can we Kick t Tangent law, Grammies and the JLO Tracksuit? You are the ultimate prankster, your genius sense of humour attracts a fan club no matter wh you go and makes people obsess about you. Hating shopping, loving red m gangsters, buff men and cars make you an integral to the CC and Dames. We've been through go bad and useless times like rewarding study sessions and riveting workouts. We wouldn't change a sec of the time we've spent together. Your comforting, nurturing, patient and loyal spirit makes you a t friend. We admire your honesty. You're one of the strongest people we know. It's our honour to your friend. Our relationship is a part of who we are. We look forward to celebrating every mil stone in our lives together as best friends, grad is only the beginning. Love, Slowmo and Kiran

## Shalini Sharma

Dear Shalini, through it all you've managed to come out with a smile on your face. You are the m courageous and strong woman the three of us have the pleasure of calling our friend. This ring lea knows how to throw a party...anytime, anywhere. It occasionally spins out of control...but we've lear to keep ourselves in check. Since September we've managed to hit up pretty much every hot spot at once from Winnipeg to Grand Forks. We love you like a sister, Shank. We'll never ever forget St. Patty's Day at Lion's Manner, your BIRTHday PARTAY, Meiji Sushi men, Sem AND Middle School Dances, not to mention our normal weekend club tune. Always rememb we're here for you to protect you from the likes of "Joseph your stalker" and the depths of my (Julia's) basement. We'll always treasure your friendship and loyalty. You are an inspiration and love you no matter what. Mad Love, Christine, Cat, Jules

## Ai Shibata

You're my best friend in my BH life. We had many problems and solved them together, our bond became much stronger. We will be separated for our dreams, but I'm SURE that we'll never release our hand or hearts forever. I can never live without your kindness. I'm glad I could be your best friend. Ayaka .....Ai, I was really lucky to have you as a friend. Good luck next year! GoEun..... The years at BH were so great and fun because of you. I'll never forget all the things that we've talked about during biology classes!! Thank you for being my friend, adviser and helper!! I love you and I wish you good luck wherever you go!!! Stephanie .....Ai, we were not really close in grade 10, but now, after knowing what kind of person you are, I feel very lucky that I met you. I am looking forward to crazy shopping with you in Montreal!! Jinny

## Christine Siddall

Christine, you give new meaning to the word friendship. Your hard work puts me to shame whether it's at school, soccer, or dear lord, partying. I am so proud to call you my friend. Knowing you and, thank God, becoming friends with you has been one of the greatest honors of my life! I have no doubt you will accomplish great things in your life. Thank you so much for refusing to allow me sleep my life away and instead hit up the town with you! Think of all the times we've had. We've lived enough this year for a lifetime. How'd we get so lucky? To sum up a rather crazy bunch of years we've spent together I would like to recall one memory in particular: Moose Game–> Corydon. Enough said right there to keep my mind busy for the next couple weeks.
I will love you FOREVER and then some! Cat

## Catherine Simons

Catherine! I sill remember being a new kid at BH in Grade 9 with you - teachers used to get us confused all the time. But that was four years ago, and now you're Head Girl and we're graduating this year. Thanks for all the unbelievable and fun memories we've had along the way... "Outings" on the weekend (you know what I'm talking about), the road trip to Grand Forks, "Are you looking for some abuse tonight, sir?", MATH CAMP in grade nine, Corydon, and that special teacher. You're so much fun, an unreal dancer and an amazing friend. I can't put into words how much you mean to me or how much I'm going to miss you next year. I want to wish you all the luck with everything and anything the future's got in store for you.
Mad love, Christine

## Jenna Stacey

J-J-Jenna, run it's a "mini avalanche" ..... Well, together we have conquered the lands of time, I mean who needs clocks, we roll through when we're ready ! And well, I still don't think the world has prepared itself to handle us ! So we've shared some very special moments together, and you know you're my favorite girl from the ghetto. May it be going for a casual lunch, where we eat until near death, or just lounging around watching Dr. Phil and eating some wholesome watermelon. You have come to my rescue on numerous accounts, and I don't even have the words to thank you. Wherever life takes you, I know you will succeed, you've got the drive and a sweet/scary shoulder dance to back it up !! LOVE YOU XOXOX Tat

## Hey Yu Tam

Best roommates ever! It's been a long time since we started sleeping together, think I'll miss your lights and alarm next year. Be a great psychologist! ka You are such an interesting girl. You are so smart in science but you need check the expiry date before eating. You are a cute girl that attracts all kind but beware of men like Mr. you-know-who. Enjoy McGill! Let's stay in touch! Landy Tang Thank you for helping me with everything in BH. I'll never forget about how nice you were to on the first day I came! Good luck in whatever you do in the future! Shirley

Honey Tel, I am so glad to have you as my friend. You're a beautiful, nice girl. Your life is amazing. Time goes fast and we are leaving. I love you and I will miss you. Good luck in the future and don't forget you had a wonderful year at BH with me. Karen

## Liandi Tang

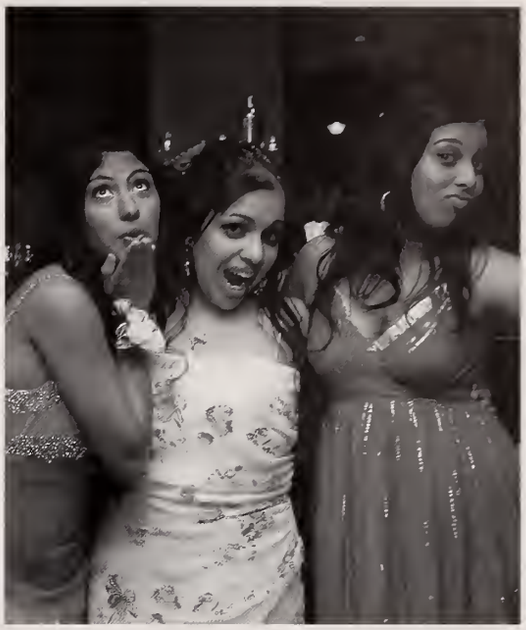
Once you told me you admired a girl who was super cool at your forme school? Know what? You're the coolest girl I have met so don't worry. T I'll never forget about you, the great speaker that made us laugh. It was m luck that I could be your friend and schoolmate, to spend the time with yo Be a rich accountant! Kiki .....You are a girl with BIG dreams and I always think that's really important. Good luck, and hopefully I might get to visit you some day NY^Shirley..... Fate led us together amazingly, and now, you are my best BH friend. I am glad that we can be Rez together. I will always remember you and miss you. Every weekend, w spent money in "Right There" and had a lot of fun. Nothing can satisfy your stomach, you a never full. I suppose there will be lots of hot guys around you. Have fun in university. Karen

## Pei-chi Tsai

It's hard to say good-bye to you. We shared so many memories, but no it's time to leave. We've known each other for 2 years. I am going to m your loud voice and laughter and don't forget our happy times. Karen L My appreciation for the rabbit! I know that I'm not a helpful friend m many ways but thanks a lot for caring for me! Good luck with everything, future nutritionist! Shirl We spent two years being roommates. I bet we will never forget the light above our heads and I won't be used to sleeping without you. I will miss your loud voice too-Tel.....A-Ki, You are a viv girl who always brings us laughter and energy; also my knitting teacher; I promise I'll finish my sc before winter. We have a passion for online novels and the Internet breakdown drove us crazy. Y are an important and reliable friend of mine so let's stay in touch! Good luck and take care! Lana

## Min Hee Yoo

You are the most popular Korean of all. I know that I have been so annoying to you but it's because I like you so much. You will leave me al in Toronto next year but I think we will meet after all and do busines together. ^o^ GoEun.C..... It was very nice to be with you again here and hope to make more wonderful memories with you when we go Montrea together! By the way I think you really should start writing notes in class!! Jinny. H How can I describe our time spent in 100 words? It was the most fun, craziest and unforgetta times of my life! I remember all the times we suffered together academically, socially, mentally, emotio ally and everything. All those times, we were together and made fun of everything. Through the hard happiest, the most amazing times, we succeeded! I love you and I'll miss ya! Stephanie H



*I hope your dreams take you to the corners of your smiles, to the highest of your hopes, to the windows of your opportunities, and to the most special places your heart has ever known.*
*- Author Unknown*

*Thank you to Courtney Moir BH98 for providing the photographs on this page*

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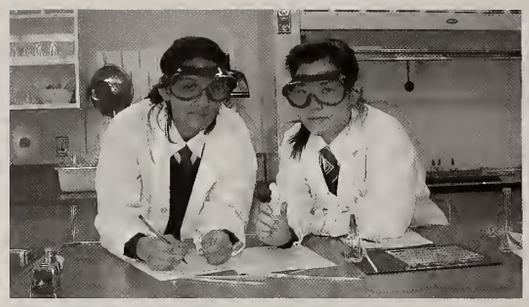


# THE DOLL ASSEMBLY

The Siddall family and Kate Langrell

S3s sing the Beatles "In My Life"

Grace, Claudia and Melanie pose

Kiran with her debating coaches

Below: Kaytlin and Alexis

Above: Jinny, Ayaka, Ai, Min Hee, Go Eun and Stephanie with their dolls
Left: Enjoying the moment

Graduating girls show off their new dolls

The Simons Sisters and Señora McDonald

Katie Murray and her Dad with KK Ho

Sr DeBlonde joined the Grade 12s for "Best Friends"

# LIFERS

As a lifer leaving BH you are not just leaving your school, your are leaving your home and family. After 14 years at BH you know every teacher, the face of almost every student and the building like the back of you hand. 14 years at BH prepares you to face the world with an optimistic and friendly approach to life. That you learned by spending all your years in such an accepting environment.
By: Katie Murray

*Katie Murray, Lisa Gregory, Jenna Stacey, Michelle Maryk, Marissa Atalotis*

I remember walking into J.K. when I was 4; I was shy, timid, and unsure. But, after 14 years here, the comforting and nurturing atmosphere has emitted a educated and confident young lady into "the real world." The nurturing and comforting atmosphere that B.H. provides has been a pleasant ride. At the same time, I'm ready to leave and becaus B.H. has prepared me for this significant shifting moment in my life. I am prepared to walk away with the education, confidence, and friendships that are essential to pursue my next endeavor in my lif
By: Michelle Maryk

*Katie Murray*

*Lisa Gregory*

*Jenna Stacey*

*Michelle Maryk*

*Marissa Atalotis*

# Most Likely To...

Kiran – Most likely to
ıost her own talk show
ınd replace Oprah

enny – Most like to find
Neverland

Marissa – Most likely to
ecome a Desperate
ıousewife

Michelle – Most likely to
econcile their marital
ifferences and write the
renuptuals for Nick and
essica's next marriage

Emily – Most likely to
tar in a Jay-Z music
ideo and be his ghetto-
ooty back up dancer

Christine – Most likley to
tar in "Bend It Like
Beckham – The Next
Generation"

arry – Most likely to
ngineer the first automo-
ve vehicle with its own
uilt-in ice cream maker

Stephanie – Most likely to
become a pilot

Tatiana – Most likely to
be late for everything

Heather – Most likely to
be the next member of G-
Unit

Sameera – Most likely to
revolutionize the United
Nations

Mylene – Most likely to
get lost in France

Heather– Most likely to
make a down payment on
a Ferrari with her first big
paycheck

Arden – Most likely to be
the next Mariah Carey and
break the grammy-win-
ning record

Lisa – Most likely to win
the Boston Marathon

Jinny – Most likely to find
repetition in pi

Tatiana – Most likely to
start her own cult

Marissa – Most likely to
write a book titled "How
to...Be a gold-digger" and
marry rich – several times

Domenica – Most likely to
play for Team Mexico in
the World Cup and win
the Golden Boot

Ayaka – Most likely to be
Japan's next top model

Katie – Most likely to
design the next uniform for
Shizuoka Eiwa students

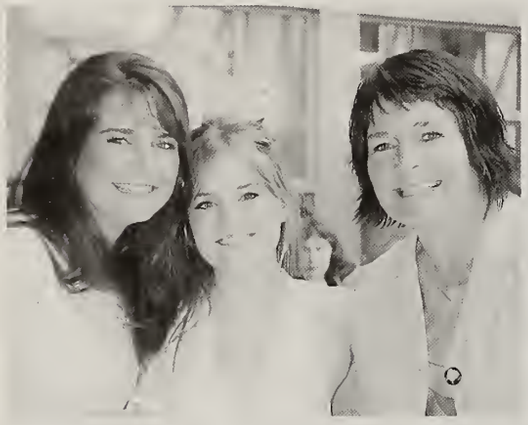
Jamie – Most likely to be
reincarnated as a cougar
and raise her family in the
deserted countryside

# Leaving An Impression

Friends Forever

Danielle, Chantal and Alexis share a moment

Kiki, Christel, Shirley and Liandi



Arden and her family enjoy the garden party

Memories to last a lifetime

Mylene and Heather celebrate graduating

Karen and Christel leave their mark with a smile

# CONVOCATION

Guest Speaker Chantal Kreviazuk BH '91 watches while the quartet sings "Mama"

Jamie DesJarlais holds up the House Trophy for Braemar
Passing on the House Head tassles Katie Murray handed over the Yearbook Prefectship to K.K. Ho

# Grad Dinner

Jenny and her father

Grads Katie and Tatiana

Landi, Karen and their guests

Sameera and her family at the dinner

Poonam and her family enjoyed the night

Graduating Gals

Alexis, Jenna and Lisa looked beautiful

Domenica and her guests

Jessy and Shirley at dinner

Katie and friends Dana and Kelly

# After Grad

Catherine and Anna Simons with Christine and Erica Siddall

Boys just want to have fun

Alexis and Heather

Jamie, Sarry and Emily

Catherine, Shalini and Christine ha a ball

# The Roaring 20s

Ms.Kirk, Marissa and Sarry laughed until the wee hours of morning

Kiran and Jenny had the time of their lives

Jamie and her date

Danielle and her mom

Dance till you drop

# Valedictory Address

Thank you all very much for being here.

My, what a year it's been. I'm not sure if every graduating class has had such a hard time organizing things...but I certainly hope other classes have a quicker learning curve than we do!

I wish I could measure exactly how much I've changed over my four years at BH. I can't speak to the decades that these girls in white had at BH before my arrival. Apparently, Interhouse was always more exciting in Junior School. All I can say is, upon my arrival I was overwhelmed. It didn't take me long to realize I was WAY out of my league. I had a lot of catching up to do.

These girls have taught me everything.

For years to come, I'll be that annoying kid who refuses to let high school go. You know the ones. I don't want to take any shots at them when they can't defend themselves

...but we all know those guys who still wear their Crusaders jackets at U of M.

We all thought we were SO BAD in our diapers on Skip Day. I was on the phone trying to describe to my dad exactly hov these ladies and I attempted to spend the night on the atrium floor. I downplayed the amount of time I spent on the phon with Ms. Sumerlus that night trying to rationally "discuss" our plan. Only at BH.

I cannot imagine a more random and spectacular group of ladies. I could never really explain to an outsider the things that g on at BH outside of class...well actually even when we are in class.

Grads, I know this day is for us, however I cannot possibly ignore these hundreds of girls in green. You must know, you've always meant so much. We may not have always sat at the same lunch tables or gone to the same parties but we've undoub edly passed each other hundreds of times either in the halls at school or in the malls around the city. Thank you for your kindne

Please don't forget us...we will CERTAINLY never forget you.

Fellow classmates, I wish I could pass on some words of wisdom. however, you really don't need anyone to tell you what to

In the words of Albert Camus,

"Don't walk in front of me; I may not follow. Don't walk behind me; I may not lead. Just walk beside me and be my friend.

Ladies, it truly is the greatest honour that I have been blessed with so far in my life, to call each and every one of you MY FRIEND. Thank you for opening your hearts and teaching me to open mine.

Congratulations!

"If you limit your actions in life to things that nobody can possibly find fault with, you will not do much." –Charles Lutwidge Dodgson

Please don't forget me. Love, Catherine

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The Yearbook Company
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# Student Council

This year's Executive Council promoted school spirit

The Dutchess of Montrose, Cathy (Young) Montrose BH'53, Returned from Glasgow to visit for a highland dance performance

## What's in a Question?

Grade 3 studied magnets and gravity to demonstrate "What Makes a Good Magic Trick?" at the Critical Challenge Fair

Alumnae

# Sr. Leadership

*Students took on leadership roles in the BH community and strove to show initiative and guidance in many events during the school year*

# House Competition

# Jr. Leadership